



MENUS AND VENUES

🕒 **INSIDE:** Inaugural season of Music to Your Ears – Calgary Library: The more you read, the more you learn

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INAUGURAL CONCERT SEASON BRINGS MUSIC TO THE BELLA CONCERT HALL

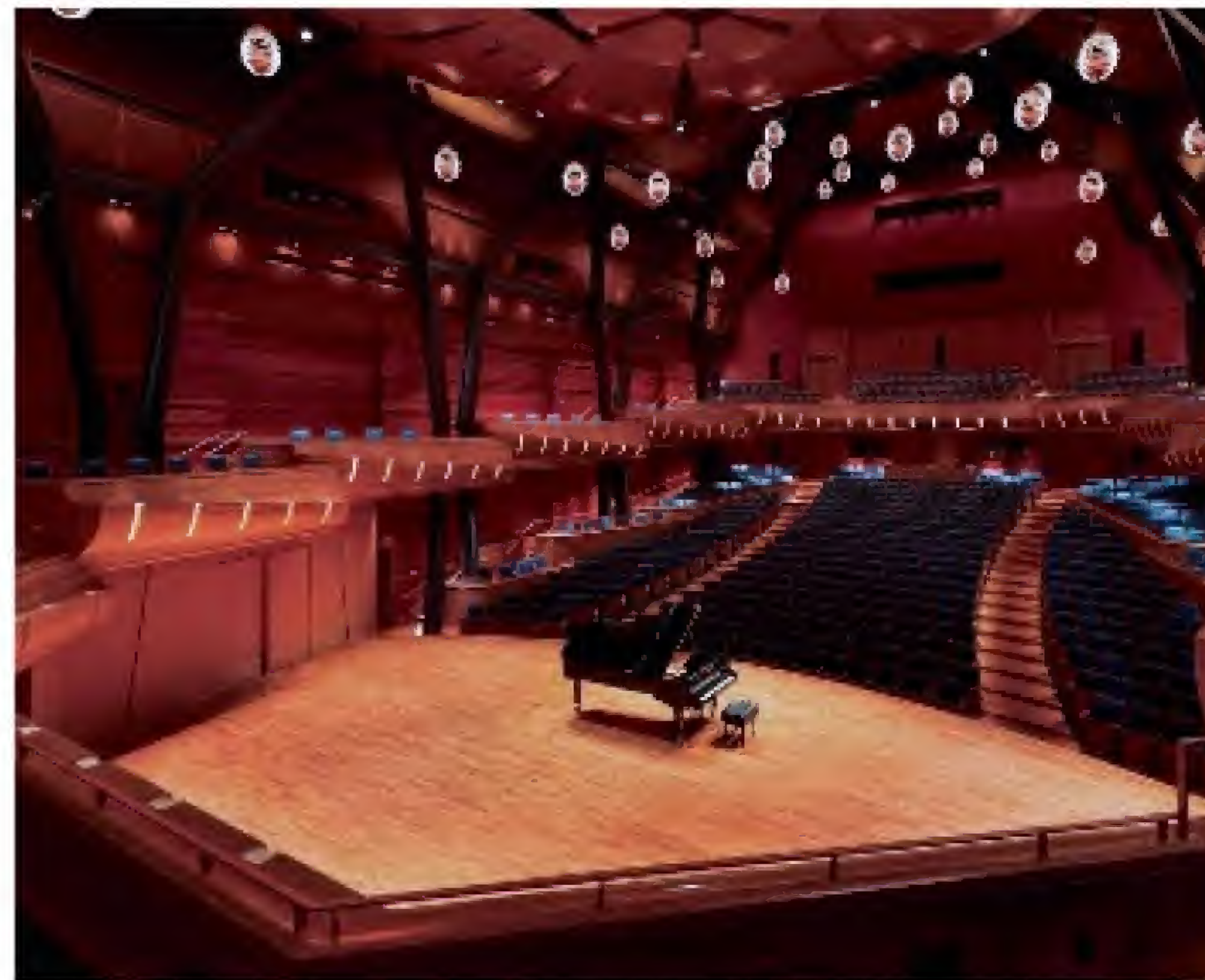
It's had a history of classical music training in the city since 1911, but the Conservatory at Mount Royal University (MRU) is starting a new chapter, launching a concert season of varied musical offerings made possible by the new Bella Concert Hall in the Taylor Centre for Performing Arts.

"If you build it they will come," said MRU media specialist Jonathan Love of the 787-seat theatre, which boasts world-class acoustics and fills a gap among city concert venues. "Calgary needs a concert space of this size — big enough but still with an intimate feel. And artists are giving the acoustics rave reviews."

The inaugural season of Music to Your Ears will feature over 22 concert events in six series, covering a wide musical range — world music, local singer/songwriters, classical and family-friendly concerts. Singer/songwriter Chantal Kreviazuk will take to the Bella stage, as will Reggae legend Ziggy Marley, local Bollywood-style pop star Raghav, Kronos Quartet, Zukerman Trio and even Commander Chris Hadfield, who Love said 'has been known to pull out a guitar on his home planet'.

"The variety is fantastic with the inaugural season in the space — eastern music, family shows and a traveller series — they're great additions to the season," said Love.

The Music to Your Ears concert series complements MRU's student concerts featuring their instrumental and vocal pro-



CONTRIBUTED

grams that also use the space. Love said it brings in new audiences and will solidify the Bella Concert Hall as a performing hub in the city centre.

Inaugural season

Music to Your Ears 2016-17 is the inaugural season for MRU Conservatory in its celebrated new venue, the Bella Concert Hall in the Taylor Centre for the Per-

forming Arts. (4825 Mount Royal Gate SW). A diverse lineup of artists — over 22 concerts in six series — includes world music, local singer/songwriters, classical and family-friendly events.

Tickets are available at mru.ca/enjoy, by phone 403-440-7770, and by email: tickets@mtroyal.ca. Save up to 25 per cent when buying an entire series. Corporate and group packages are available.

Best kept pop star

"Even when I was living in London, in the back of my mind I knew I wanted to be in Calgary in the long run," says local Bollywood-style pop star Raghav, the first of the international artists playing the Bella Concert Hall this fall, who is as comfortable performing in Hindi as he is in English. "My hits in the UK never really saw their way to Canada and my hits in Canada are relatively unknown in the UK and India where I've sold the most records."

Raghav's album *Storyteller* (2004) charted first in the UK, where he's rarely able to move without a paparazzi trail. With his Indian heritage and western upbringing, the local singer/songwriter experimented with finding his sound, and Canadians eventually caught the Raghav fever in 2011.

"In England, I realized how intertwined British and Indian cultures were. I knew that musically, it was my home because I was a hybrid of both Western and Eastern musical references," he said.

Raghav has since worked with artists ranging from Oscar-winning composer A R Rahman, (*Slumdog Millionaire*) to American rapper Nelly. He is currently in Toronto recording his next release.

For the young artist, the Calgary show will be a unique homecoming. "It'll be fun. I've never had the opportunity to do a full live show that shows the true diversity of my career." Raghav plays the Bella Concert Hall on Wednesday, September 21st, 2016 as the premiere show in MRU Conservatory's Music To Your Ears concert season.



RAGHAV



ZIGGY MARLEY

OCT. 13, 2016

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Raghav
SEP. 21, 2016



A unique lunchtime theatre experience

It's one of the most successful noon hour theatre companies in the world and for good reason.

For over 40 years, Lunchbox Theatre has been providing patrons with a unique theatre experience by producing one-act plays that engage and entertain audiences, according to director of marketing and communications Lauren Thompson, who says Artistic Producer Mark Bellamy approaches each season as a buffet for many tastes.

With seven plays per season, as well as the Suncor Energy Stage One Festival and the RBC Emerging Director Program, the 2016-17 Season is full of romance, comedy and music, which truly provides something for everyone.

Located in the heart of downtown at the base of the Calgary Tower, Lunchbox Theatre is not only one of Calgary's longest running professional theatre companies, but the theatre also provides rental access to their theatre space.

"The theatre believes in providing rental access to our rehearsal hall and theatre spaces, which is

"FOR OVER FORTY YEARS WE HAVE BEEN PROVIDING CALGARIANS WITH HIGH QUALITY, PROFESSIONAL THEATRE THAT ENTERTAINS, ENLIGHTENS, PROVOKES THOUGHT AND STIMULATES CONVERSATION – ALL WITHIN ONE HOUR!"

– Mark Bellamy, artistic producer

ideal for corporate functions, team meetings and events for other arts organizations," Thompson adds.

Vancouver playwright Aaron Bushkowsky's *After Jerusalem* will kick off the seven play season in September. For more information, ticket packages or a closer look at upcoming productions, please visit lunchboxtheatre.com or call 403-265-4292 and press extension 0.



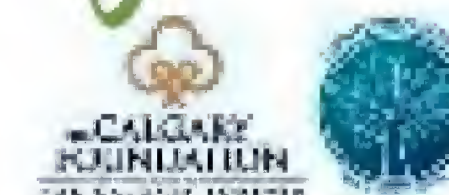
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BRING HOME THE BACON

Unicorn's popular pig mascot Henry stolen
(#BringHenryHome)

metroNEWS

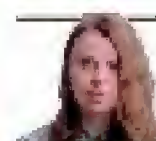


Mel Lafleur, a manager at the Unicorn, with the now-stolen sow. CONTRIBUTED

'There is a racial tension in our city'

ACTIVISM

Police asked to keep uniforms at home for Pride Parade



Helen Pike
Metro | Calgary

Leave your white and blue, and the weapon, too, before donning the Pride flag.

In a collaborative attempt to begin conversations, and acknowledge that Calgary does have existing racial tensions, a coalition of people representing the People of Colour community have asked officers and RCMP to attend the Pride Parade with a T-shirt that reads: vigilance, courage, Pride, instead of uniforms and weapons.

"We just hope that people

recognize there is a racial tension in our city," said Tet Milare, a member of Voice.

These requests are being made on behalf of a group that's outside of Calgary Pride, and not affiliated with their board. Calgary Pride could not be reached for comment by press time, but in past interviews acknowledged they were waiting to hear where consultations in the queer people of colour community landed before doing their own review of the requests.

In a statement, Calgary police reiterated to Metro that they were waiting on a decision from Calgary Pride on this year's participation.

"We consider it an honour that we have been welcomed at previous Pride Parades," wrote Sgt. Gareth Joels of the diversity unit. "However if that changes this year, we will respect the wishes of Calgary Pride."

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Road construction takes a hit with record rains

INFRASTRUCTURE

City launched more paving than usual for stimulus



Helen Pike
Metro | Calgary

If it feels like the Calgary's summer road construction projects are melding together, it's because they are.

This year the city took on more paving projects than normal in an attempt to jump-start the economy and give local workers jobs. In a normal year, the city takes on six or seven projects, but this summer, because of a dry spring, they took on 12 major paving jobs.

"Our window has shortened," said Chris McGeachy, spokesman for the city's roads department. "There was more work already happening, and we'd like it to be sunny and clear so we can get the work done in one shot and not have to revisit the sites, but we're still planning to have everything wrapped up before the end of the season."

Now, because of a wet tail end of summertime, the city is still working through four major projects and hoping to complete them by Labour Day or just past it. McGeachy said



Construction has hit a damper as the rain keeps some projects weeks from completion. JENNIFER FRIESEN/ FOR METRO

Edmonton and Macleod Trails should both be finished by the end of Labour Day weekend; they haven't been as affected by the weather.

Projects like 14 Street NW, and Northmount Drive have been halted by the rain.

"They're not solely mill and pave," McGeachy said. "They're actually doing repairs to the base layer of the road, so the rain can affect timelines and

"We're still planning to have everything wrapped up before the end of the season."

Chris McGeachy

budgets — although we don't

expect the impact on the budget to be that big."

The timelines for those two projects have been extended to mid-September.

Businesses around these projects told Metro they haven't noticed too much of a headache on their commute to work. But McGeachy said those travelling around Calgary may see more major projects then they're used to at the same time.

The work is typically done during off peak hours, and on the weekend. McGeachy said some of their crews have worked on typical days off to catch up with the job.

The city wouldn't categorize these projects as delayed, they are still hoping to complete all 127 minor paving projects by mid-October before the big freeze will stop them completely in their tracks.

PRIVACY

City says sorry for breach

The City of Calgary is sending out letters of apology after a privacy breach involving 3,716 individuals who had their names attached to Workers' Compensation Board (WCB) claim reports.

In a statement, the city said disclosed information included WCB claim numbers, names, incident dates, details regarding the nature of the injury or claim, a brief description of the incident, costs associated with the claim, employee ID numbers, and business units.

According to the city, no personal contact information (such as address, phone number or email), Social Insurance Numbers, Personal Health Numbers, date of birth or personal banking information was released. Registered letters are being sent to affected individuals.

The city says the disclosure occurred when a city employee working with this information was seeking technical assistance from a close contact at another Alberta municipality. That person received the information at both their personal and work email addresses.

"We apologize for this situation," read the statement. "The city takes its responsibility of handling and managing the personal information of our staff and citizens very seriously. We are conducting a full review of our current processes and information and data security safeguards to reduce the potential for this type of incident to occur again." METRO



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Pressing pause on volunteers

ECONOMIC DOWNTURN

BBBS hopes to raise \$100,000 from private donations



Brodie Thomas
Metro | Calgary

A city not-for-profit group is feeling the pinch from the economic downturn.

Big Brothers Big Sisters (BBBS) announced Tuesday that it has temporarily suspended applications for most volunteers, meaning it won't be pairing youth with mentors in its main community-based program.

Calgary BBBS president and CEO Karen Orser said declining donations have limited the work they're able to do.

"As our donations have gone down, our demand for services has increased," she said. "So while we serve 2,000 children a year, when our donations are down, that makes it more dif-

ficult to do so."

BBBS Calgary has a staff of 45, who are responsible for pairing applicants with volunteers. But it's not just a matter of picking names out of a hat.

"There's a lot of research that goes into our work. And there's a lot of screening, match support and training," said Orser.

Dallas Henault has been a Big Brother for nearly a decade. He said he was disappointed when he heard about the group's fundraising difficulties.

"It's not a nice-to-have, it's a need-to-have — just because a lot of these kids don't have that constant role model in their life and Big Brothers Big Sisters plays that role for them."

Henault doesn't just volunteer. He said he also makes monthly donations to help support the group.

Orser is hoping more people will be able to make donations like Henault. They've set a fundraising goal of \$100,000.

She said long-time BBBS supporters Gary Nissen and Qualico will match all donations during the month of August,

+ CUTBACKS

Not-for-profits are feeling the pinch during the economic downturn.

■ BBBS Calgary helps about 2,000 youth at any given time.

■ The group has already cancelled its All Star Weekend fundraiser this spring.

■ Programs for youth currently in care will not be affected.

for a total of \$200,000.

In the spring, BBBS had to cancel one of its main fundraising events, the All Star Weekend, because of a shortfall of corporate support — but Orser is confident citizens can help make up the difference.

She encouraged people to visit the group's website because they are still seeking volunteers for select programs. Anyone wishing to make donations can visit bbbscalgary.ca.



Dallas Henault, a long-time Big Brother volunteer, says the service provided by the organization is essential for so many kids in the city. JENNIFER FRIESEN/FOR METRO

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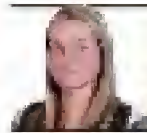


*Schedule subject to change.

Glitches delay body-cameras rollout

LAW ENFORCEMENT

Devices a necessity, says family of man slain by police



Lucie Edmondson
Metro | Calgary

Technological glitches have

put a hitch in the Calgary Police Service's plans to roll out a body-worn camera program amongst their ranks by the end of this year.

In February, Metro reported about audio interferences between units, something the CPS believed put officer safety at risk, resulting in the return of the cameras to the manufacturer.

Deputy Chief Trevor Daroux said they've worked through

policy with the privacy commissioner's office, training and all other aspects of the program, but the technical problems with the cameras have yet to be rectified by the manufacturer.

"We have encountered some

issues that we're continuing to work through," he said. "We anticipate having them out next year."

The family of Anthony Heffernan, who was shot and killed by police in a confronta-

tion in 2015 (and who found out Monday the officer involved will not face any charges), said they believe body-worn cameras are a necessity for police accountability.

"Naturally there is no video of anything," he said. "Any time an officer has been convicted there has been video."

Although the CPS body-worn camera program had yet to begin when Anthony was shot by a CPS officer, including once

to the neck and twice to the head, the Heffernan family is shocked none of the officers were wearing body-cameras when the same officer was involved in the January shooting death of Calgary man, David McQueen.

"We'd like to see all officers having to wear body cameras," said Pat. "Not only for their protection, but also for the citizens they are supposed to protect."

"Naturally there is no video of anything. Any time an officer has been convicted there has been video." Pat Heffernan







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Members of the Italian Cultural Club are looking to provide support for anyone affected by the tragedy.

MATTHEW SILVER/FOR METRO

RELIEF

Italian community reacts to earthquake



Mathew Silver
For Metro | Calgary

Members of the Italian community in Calgary are keeping a close watch on central Italy in the wake of an earthquake that killed at least 159 people.

Linda Blasetti, a spokesperson for the Italian Cultural Club, said that the Italian community will gather in the next couple of days and set out a strategy for providing relief to those with loved ones affected by the tragedy.

The earthquake, which had a preliminary magnitude of 6.2, tore through several towns about 100 miles northeast of Rome, reducing century-old buildings to rubble and trapping citizens in the debris.

Blasetti was devastated by the news; her reaction was "one of shock and immense sadness...."

Our sincerest condolences go out to the families and friends of those whose lives have been lost," said Blasetti.

Authorities compared the quake to the one in central Italy in 2009 that killed more than 300 people. Towns in the regions of Umbria, Lazio, and Marche were ravaged.

Representatives of the Italian Club are asking members of the Italian community to contact them if they are in need of support. Though it's early, no one has contacted them.

"If they would like to reach out to us — whether they're members (of the Italian Club) or not that's not the point — we are a community and we are prepared to come together," said Blasetti.

She had spoken to the Red Cross about setting up a relief effort to send donations to Italy, and planned to finalize details with them Thursday morning.



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Pride Week campaign has free 'beef toques'

ADVERTISING

Posters at venues provide protection as well as a laugh

If you like it, then you better put a cumbrella on it.

A new advertising campaign from HIV Community Link won't just remind folks at Pride to wear a condom. The posters will also offer up actual condoms for easy access.

One of the posters has a list of nicknames for condoms, such as "babybaggie," "mushroom suit" or the distinctly Canadian "beef toque."

Another simply says "Free cumbrella," with an array of 12 condoms available for the taking.

Dominique Denis-Lalonde, team lead for prevention and education at HIV community link, said the posters will be



A cheeky new campaign from HIV Community Link will offer up free condoms for Pride festival attendees.

COURTESY HIV COMMUNITY LINK

up in venues for Pride Week and the condoms will be replenished.

"See this as a cheeky way of celebrating diversity — so no matter what you call the condom or call your genitalia, wear it with pride."

She said it's a sex-positive and inclusive way of spread-

ing that message.

"It's not just a flat poster, so it's more interactive that way. Should they feel they want to grab one of the condoms, they can do that."

HIV Community Link is preparing a larger display for the Pride in the Park. They'll be partnering with Village

“
See this as a
cheeky way
of celebrating
diversity — so ...
wear it with pride.”
Dominique Denis-Lalonde

Brewery to offer up thousands of free condoms on an interactive display.

Copywriter Jordan Finlayson helped design the posters, along with Teresa Leung, Wendy Chin and Kirsten Graf at Evans Hunt.

He said compiling the list of nicknames was a lot of fun, but they ended up censoring themselves, too.

"We ended up taking a few out because we thought they were too risqué," he said. "We took out terms that referenced violence, such as gun or knife."

ECONOMY

Notley appeals for patience on deficits

Premier Rachel Notley is urging patience as her government grapples with a budget deficit projected to hit almost \$11 billion this year.

While the situation is bad, it would have been far worse if her NDP party had lost the last election to the Progressive Conservatives, Notley said in a spirited speech to Unifor union members at their convention in Ottawa on Wednesday.

"Our province, we know, cannot run deficits indefinitely," Notley said. "We know that. We're very conscious of that."

"But we can manage our fiscal challenges patiently and wisely and carefully," she said. "We can set a course to return to fiscal balance as our economy recovers."

She said Albertans are on side with her plan.

"As more and more Canadians are learning every day, austerity just makes things worse."

Notley's NDP, elected in 2015, has chosen not to respond to the budget situation with deep cuts to staff or services. Instead, it has ramped up capital spending on roads,

hospitals and schools to try to spur the economy and close the gap on its infrastructure needs.

The government is also freeing up loans and other incentives in an attempt to diversify the economy and unharness it from dependence on oil and gas.

The downside has been multiple credit downgrades, a debt that will surpass \$30 billion this year and is forecast to reach \$58 billion before the end of the decade. Debt-servicing costs this year will surpass \$1 billion.

Notley said her government is doing what it promised to do and reiterated that if the Tories had won, things would be very different.

PC Leader Ric McIver said Notley's fiery rhetoric suggests her government is rightly feeling the heat for failed policies.

"They've actually killed more jobs than they have created," McIver said.

"The premier went all the way to Ottawa and in front of a friendly crowd sounded defensive and desperate. I think that's telling."

THE CANADIAN PRESS



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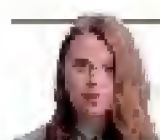


Security camera footage shows a culprit stealing Henry the pig. And away he did run. COURTESY THE UNICORN

Unicorn's mascot is on the lam

#BRINGHENRYHOME

Reveller steals pig from restaurant's front door



Helen Pike
Metro | Calgary

A Calgary restaurant is roasting an unnamed late-night reveller after he made off with their mascot, Henry the pig.

Here's the skinny on a fat pig: the statue has sat at the entrance of the Unicorn Superpub for almost five years. He's a welcoming addition to the entryway, and has had some field trips before, but he's always returned unbranded from the experience.

"It's funny that people take these things," said manager Mel Lafleur, remembering weeks ago when a few trees were stolen from another restaurant in town. "It took us two days to figure out he was gone ... we've just been busy going about our day and finally said

something's missing here."

The latest theft — this time of Henry 2.0 — happened early Sunday. The suspect was sitting on the pig talking on the phone, and he found Henry to be a comfy enough seat to steal the sow statue.

The Unicorn is reporting this incident to police and have video footage of the theft.

"He was hanging out by the pig and texting on his phone," Lafleur said. She noted he was with what appeared to be a friend and girlfriend in the footage.

At one point the woman takes his phone from his pocket and walks away.

"Our server walked past him and on to the patio and he grabbed the pig and just ran out."

Lafleur laughed describing the statue as not heavy, but an awkward thing to carry.

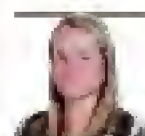
"He's holding the snout and he's holding the butt, it's pretty big and it takes his entire arm span to hold this thing," Lafleur said. "He clearly didn't walk home with it, because it's not super heavy, but it's not light enough to throw on your back."

It's funny that people take these things ... It took us two days to figure out he was gone.

Mel Lafleur

TRANSPORTATION

Bus driver positions filling up quickly



Lucie Edwardson
Metro | Calgary

In the past, with just weeks before school, local student transportation companies have struggled to fill the need for bus drivers — but not this year.

According to representatives from both Southland Transportation and First Student Inc. they've had a significant increase in bus driver applications this year.

"We've actually seen an increase of about 100 applications a month," said Kyrie Geurts, assistant manager at Southland Transportation.

Mike Stiles, assistant location and safety manager for First Student Inc. echoed Geurts' sentiment.

"This year it's pretty good. Previous years we'd still be needing 40-100 drivers, this

year we only need to fill 12 more," he said.

Both agreed it has a lot to do with Calgary's lagging economy.

"People who had other jobs before are now looking for replacement jobs," said Geurts.

Although they're less in a pinch this year to fill positions, Geurts said interested people should apply every year.

"We always need drivers,

people retire or move on to new jobs, so we're always looking for people," she said.

Those interested in applying for positions with either company should have a clean drivers abstract, love being with kids and patient. Both companies said they offer training to drivers for free and allow drivers to bring two pre-school aged kids with them to work.

For information visit: southland.ca or firststudentinc.ca

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Look out, Downton Abbey

HERITAGE

Elegant room at Lougheed House a perfect period piece



Jennifer Friesen
For Metro

Stepping into the Lougheed House drawing room is a little like stepping into a time machine.

After months of curating and conserving the original historic artifacts, the room has been restored to its 1925 veneer. Until Sept. 11 the space will be give the public a chance to explore the lavish room, featuring much of the original furniture, restored paintings, porcelain figurines and copper wine decanters.

"It gives a sense of how people lived — of course, a certain class of people," said curator Sandra Morton Weizman. "I think it really gives Calgarians a sense of what life was like here 100 years ago."

The replica room is based on the only existing photo of the furnished room, which Morton Weizman said was likely taken for insurance purposes.

While visiting Calgary, royalty, prime ministers and artists alike would dine in the drawing room with Senator James Lougheed and his wife Isabella. Distinguished guests included the Prince of Wales and the Duke and Duchess of Connaught.

Many of the artifacts were auctioned off after the family fell on hard times during the Great Depression, but a few were re-



Curator Sandra Morton Weizman says the restored room far exceeds her expectations. JENNIFER FRIESEN/FOR METRO

covered when the building was restored in 2005, including two chairs from the 1925 photograph.

"Descendants of the actual people who bought things at the auction in 1938 donated them back," said Morton Weizman. "So to speak, these pieces of furniture have come back home."



Descendants of the actual people who bought things at the auction in 1938 donated them back.

Sandra Morton Weizman, curator

Some of the pieces couldn't be recovered, however, so Morton Weizman collected them on loan from private and public collectors.

Two of Morton Weizman's favourite finds are the art nouveau bronze sculptures near the fireplace.

During the search to reanimate the room, she spoke to local Scott Cozens of the History Channel's collector series 'Canadian Pickers and Cash Cowboys.'

He told her she would "never find sculptures that tall in Calgary." But Morton Weizman was determined and in 10 days had two genuine bronze sculptures for the room.

"It's really exciting to see it completed," Morton Weizman said with a smile. "It far exceeds my expectations."

+ SITTING PRETTY

Sitting room features authentic antiques

The 82 historic artifacts in the room include original porcelain figurines, photos, furniture and paintings.

The Lougheed House celebrates its 125th anniversary this year.

METRO

COURTS

Murder case delayed

A court appearance for a man charged in the deaths of a Calgary woman and her five-year-old daughter has been put over for two weeks.

Edward Downey, who faces two counts of first-degree murder, did not appear in court Wednesday.

His lawyer, Gavin Wolch, says the defence has received disclosure of evidence but needs more time to review it.

The case is adjourned until Sept. 7.

Sara Baillie, who was 34, was discovered dead in her northwest Calgary home on July 11.

The body of her daughter, Taliyah Marsman, was found a few days later in a rural area east of the city. THE CANADIAN PRESS

CRASH

Man, car fall into river

A man was taken to Foothills Medical Centre in critical condition after his vehicle veered off Deerfoot Trail and fell into the Bow River.

Emergency Medical Services arrived at Deerfoot Trail north of Dunbow Road Wednesday afternoon in response.

EMS is unaware which direction the vehicle was initially travelling, the driver's age, or the factors which preceded the incident. RCMP initially said the driver had died, but later corrected the information.

The man was the only person in the vehicle. METRO

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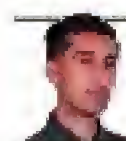
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CIFF unveils this year's docs

FILM

Festival seeks to tap into human stories, like Cheer Up



Aaron Chatha
Metro | Calgary

Alex Rogalski wants to talk about documentaries.

When selecting which documentaries would be featured at the Calgary International Film Festival this year, he stepped back from every entry and thought, do I want to run out and talk to other people about this?

In all, there's about 14 documentaries he wants to talk about, which were announced on Wednesday as part of this year's festival programming.

Most noteworthy are two world premieres — *Limit* is the Sky and *New Moon Over Tohoku*.

Limit in the Sky is an examination of the different types of people who have tried to make Fort McMurray their home.

"The film was made before the oil crash — before the fires," Rogalski said. "So, we're looking at the film with a different perspective than the time it was being shot because so much has happened in a short period of time in that community."

The other premiere, *New Moon Over Tohoku*, follows families moving on after the Japan Tsunami and subse-



Cheer Up follows a group of Finnish cheerleaders who are the worst in the country. COURTESY CIFF

quent meltdown of a nuclear reactor.

"Again, very human stories," Rogalski explained. "It doesn't focus on the political or environmental aspects,

but on how people manage to move forward when everything they knew disappeared."

These are the types of stories that Rogalski sees and

wants to run out and tell someone about — human stories, that either aren't told very often, or have a unique spin on a well-known topic.

For example, follows a

+ ON THE LIST

Angry Inuk

Alethea Arnaquq-Baril challenges the "southern world" to reconsider its preconceived notions of the commercial seal hunt. By following the lives of Inuit hunters and artisans she illustrates the quiet anger and frustration of a people whose lives are made exponentially harder by the uninformed legislation and dogma of governments and activists that many of them will never meet.

Cheer Up

This doc follows the Ice Queens, the lowest-ranked high school cheerleading team in the Arctic Circle of Finland. Lead by Miia, an ambitious coach who's tired of losing, the Ice Queens aim to rise up the ranks of competitive cheerleading while coping with the added struggles of teenage life.

Command and Control

Directed by Robert Kenner and based on the critically-

acclaimed book by Eric Schlosser, *Command and Control* is a cautionary tale of freak accidents and extraordinary heroism that forces viewers to confront the great dilemma that the world has faced since the dawn of the nuclear age: how do you manage weapons of mass destruction without being destroyed by them?

Dancer

From his earliest years, Ukrainian Sergei Polunin was destined to be one of the top ballet dancers of his generation. At 13, he was accepted into the Royal Ballet School in London, necessitating a move from his home and family. At 19, he was named the Royal Ballet's youngest ever principal; and at 25, he walked away from ballet, driven by pressure to the brink of self-destruction. Steven Cantor's *Dancer* explores the reasons for this defection. SOURCE: CIFF

group of cheerleaders — but they're in Finland. And they're terrible.

"(They're) the worst cheerleaders in the country — they cannot win, no matter what," Rogalski said. "It's not a typical sports film. You're watching these teenage girls face things teenagers face anywhere in the world."

Other documentaries include *Gimme Danger*, about

The Stooges, a 60's band where Iggy Pop got his start.

Obit, about obituary writers at the New York Times.

And *How to Prepare For Prison*, following three different convicts figuring out basics, like who will take care of their pets, before they go to prison.

CIFF starts on Sept 21. For more information, visit calgaryfilm.com.

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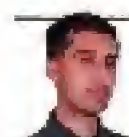
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Quality and quantity

TECHNOLOGY

Game studio aims to release two mobile titles a month



Aaron Chatha
Metro | Calgary

Calgarian Stefan Radeta is dealing out video games like a deck of cards.

The entrepreneur behind TLink, a GPS golf watch, has launched his own game studio, called Color Blind Game Studios.

And he's hitting the virtual ground running, with an ambitious goal of releasing two games every month.

The secret to this ravenous output, according to Radeta, is Buildbox, a software that allows users to drag and drop elements to quickly create video games.

It means his team isn't filled with intensely-trained software developers.

"Instead we have guys who



Stefan Radeta and his team use a software that allows them to build video games without complex coding knowledge. COURTESY STEFAN RADETA

are super interested in building games but don't necessarily have a computer science background," Radeta explained. "A lot of things in the game engine are already taken care of."

"What's key here is having a

really good graphic designer."

It's the art assets and the crew's imagination that allows them to differentiate their games. Their first release, Nucleus, is a quick-tapping puzzle game for iOS.

"We had some pretty low stan-

dards to be honest — it was kind of our test project," Radeta admitted.

But they put the game out to testers and a publisher soon became interested in the project.

"We quickly saw that people were loving this game, the pub-

“What's key here is having a really good graphic designer.”

Stefan Radeta

lisher thought it could be a hit, so we kind of ran with it."

It was released this month and, in the first six days, the game had more than 100,000 downloads.

They've already created four new games, including Kiss Hero which is billed as a cross between Flappy Bird and Angry Birds.

They're also continually updating existing games — Nucleus is due for an update soon.

The studio is called Color Blind because two of their developers are colour-blind, proving to them that coding skills aren't a must-have to create successful games.

"You don't really consider people who are colour-blind to be designing games but we love the name and we rolled with it," Radeta said.

For more information on the studio, visit colorbstudios.com.

LAWSUIT

Notley fires back at power companies

Premier Rachel Notley says the high-stakes court fight over millions — if not billions — of dollars in power contracts is about protecting consumers against entitled power companies seeking "a free ride."

Notley made her first comments about the dispute Wednesday in a speech to Union members at their convention in Ottawa.

"When a group of private companies decided to try to offload onto the people of Alberta up to \$2 billion in losses due to decisions that they made under a privatized system that they asked for, they didn't get the free ride they would have gotten if the Conservatives were still in government," Notley said to applause.

"Instead, they got themselves a lawsuit."

"Because there's a new government in Alberta now. A new government that is committed to protecting the public to whom it is ultimately, completely accountable."

THE CANADIAN PRESS

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Bella Bella residents await royal family visit

FIRST NATIONS

Duke, duchess to tour remote community



David P. Ball
Metro | Vancouver

The quiet coastal Heiltsuk community of Bella Bella is home to roughly 1,600 people, but it's set to get a whole lot busier over the next month as it readies to host the Duke and Duchess of Cambridge.

British royal family members Prince William, Kate Middleton and their two children Prince George and Princess Charlotte will visit the remote village on Sept. 26 as part of their week-long Canadian tour announced this week.

Harvey Humchitt is a Heiltsuk hereditary chief and the First Nation's research co-ordinator in its resource management department. He said the high-profile visitors will



Members of Heiltsuk First Nation, in Bella Bella, B.C., believe the royal family's Sept. 26 visit will benefit their tourism sector and long-term reconciliation. COURTESY HEILTSUK TRIBAL COUNCIL/FACEBOOK

likely take in a flight over the surrounding wilderness and visit Bella Bella's independent community school, which for decades has been an example of Heiltsuk "control over our own education."

On Tuesday, Humchitt described the mood in the community following the news of the upcoming tour as "excited"

because — despite visits from governors general, celebrities and politicians — it's the first visit from royalty.

"We've never really had any royal visitors in Bella Bella," he told Metro in a phone interview. "A lot of our people believe this happens once in a lifetime."

One of the key roles of the traditional hereditary chiefs, he

explained, is to protect the Heiltsuk people's lands. So the royal visit from Britain's own hereditary leadership is a chance to showcase the community's success defending its territories from industrial exploitation, oil tankers associated with the proposed Northern Gateway pipeline, as well as opposing Grizzly bear trophy hunting.

"We know there has to be some development in our territories, but we try to do it in a sustainable fashion. We've worked really hard to manage and control harvesting of logs in a sustainable way and the oceans clear of fish farms."

Marilyn Slett, who is the elected chief councillor of the Heiltsuk Tribal Council, told Metro the details and logistics of the visit are still being worked out.

But key elements will include an invitation to walk in part of the "largest temperate rainforest left in the world" — known as the Great Bear Rainforest — and see the locally managed salmon hatchery.

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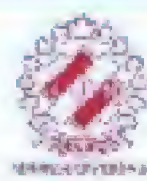
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Liberal MPs catching up at retreat

POLITICS

Economy, middle-class, bonding on the agenda

Liberal MPs began catching up on vacation stories and other tales from outside the political bubble Wednesday evening as they began arriving for a summer retreat to get ready for a year of tough choices as the government figures out how to deliver on its long list of promises.

"It's good for all of us to get together, talk about what issues are coming up in our constituencies, so we can filter it in to the fall agenda," Veterans Affairs Minister Kent Hehr said as he greeted his Liberal caucus colleagues in the lobby of a hotel in Saguenay, Que., about 210 kilometres north of Quebec City.

Prime Minister Justin Trudeau is scheduled to arrive here Thursday morning, when the meetings begin in earnest, where he will address the national caucus after they have gathered in smaller regional groups.

The Liberals are being encouraged to spend their free time in the area, with a community event promising a chance for local residents to mingle with Trudeau and the MPs scheduled for Thursday evening.

The details of what will take precedence on the fall legislative agenda have yet to be shared, but Liberal

+ EXPENSES

The political pressure is mounting on Prime Minister Justin Trudeau to outline specific measures to control spending among his cabinet ministers, now that two of them find their own practices under the microscope.

New Democrat caucus chair Charlie Angus and ethics critic Alexandre Boulerice have written to the prime minister about "questionable expenses" that they say may breach Trudeau's own standards of conduct when it comes to public funds.

MPs headed into two days of closed-door meetings said they hope for substantial discussions on everything from electoral reform to a review of anti-terror legislation.

The summer caucus meeting comes on the heels of a cabinet retreat in Sudbury, Ont., where the stagnant economy provided the context for a message that the second year in power will require some patience and acceptance of the fact that the government cannot please everyone all of the time.

Liberal MPs are returning from their summer breaks with local concerns, arising from the numerous town halls cabinet ministers asked them to conduct in their ridings, the canvassing the Liberal party has asked them to keep up and their own ties to the regions. THE CANADIAN PRESS

TOLERANCE

Guide helps schools battle Islamophobia

Last spring, school boards grappled with the practical issues that came with welcoming thousands of new Syrian students: finding them desks, pencils, books.

But as they gear up for this school year, Muslim organizations hope they can turn their attention to another problem: warding off the dirty looks — and worse — that many Muslim students say they get at school.

Schools have wrestled with Islamophobia since the terrorist attacks of 9/11 but there was never intense educator interest in combating the problem, said Amira Elghawaby, communications director for the National Council of Canadian Muslims.

That's changed, she said. "The previous federal election where Islam and Muslims were at the forefront for all the wrong reasons, combined with the arrival of Syrian refugees, suddenly this is on people's radars," she said.

As upwards of 25,000 Syrians have arrived in Canada since November, her organization has begun fielding far more calls about the issue — ranging from people ranting about



Prime Minister Justin Trudeau greets members of a Syrian refugee family during Canada Day celebrations on Parliament Hill in Ottawa. JUSTIN TANG/THE CANADIAN PRESS

refugees seeking to change Canadian culture to parents panicked about their child experiencing Islamophobia. Teachers, too, were phoning, seeking resources to help them understand the issue and how to respond.

So the NCCM, the Islamic Social Services Association and

the Canadian Human Rights Commission have developed a guide for educators to help them understand the impact of the trauma Syrian kids have experienced abroad and also the experience they, and other Muslims, have of Islamophobia here.

One Winnipeg woman said

she welcomes the fact the Syrian arrivals are forcing a discussion.

Two years ago, her then-ten-year-old daughter was taunted by a substitute teacher for wearing a head scarf. The teacher went so far as to try and grab the girl's hair through the scarf.

It was the same school the woman herself had attended decades earlier, a school where she wore a hijab without attracting a second glance.

"We like to think we're getting more tolerant," the woman said, speaking on condition of anonymity to protect the identity of her children.

She said the fact her daughter was comfortable going to the principal shows the power of a school taking the time to create an environment that's inclusive of Muslims.

She hopes the guide can help lay that groundwork elsewhere.

"What if this had happened to someone with immigrant parents, who maybe don't speak the language, who'd been taught teachers were always right?" she said.

THE CANADIAN PRESS

DIVERSITY

Mounties allow hijab with uniform



Rebecca Williams
Metro|Toronto

The RCMP has adopted a new policy that allows female Muslim officers to wear the hijab.

RCMP Commissioner Bob Paulson, the only officer allowed to approve accommodations regarding faith, made the change that came into effect in an updated uniform policy in January 2016.

The policy includes an "exemption" that allows Muslim officer to wear the hijab, if they so choose, in an effort to increase the diversity on

Canada's national police force.

"The Royal Canadian Mounted Police is a progressive and inclusive police service that values and respects persons of all cultural and religious backgrounds," Public Safety spokesman Scott Bardsley said.

In 2015, the RCMP began a recruiting blitz with the objective of increasing the number of visible minorities on the force by 20 per cent. In 2013, the number of officers that self-identified as a minority was just 8.7 per cent.

The change in uniform policy comes nearly 26 years after the RCMP approved the turban as part of the uniform

for Sikh officers after Baltej Singh Dhillon, an aspiring Mountie, took the force to court in 1990.

According to an internal memo between Public Safety Minister Ralph Goodale and Paulson, obtained by La Presse, the force tested three different designs before setting on the hijab that will be worn by officers.

Staff Sgt. Julie Gagnon told CBC the approved design underwent testing to ensure it serves "the highest standards of officer safety."

No RCMP members have yet requested to wear the hijab, she said.

IN BRIEF

Seal outwits predators

A savvy seal outwitted a troop of orcas on the hunt off the coast of B.C. this week, flopping onto a whale-watching boat for safety as the killer whales circled below.

"I guess he caught sight of our boat and then just took off like a rocket," said Nick Templeman, a veteran whale-watching guide who took a family north of Powell River on Monday morning.

Eventually, the orcas glided off, and the seal plopped back into the water once the coast was clear. TORSTAR NEWS SERVICE

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Rescuers carry a stretcher after an earthquake in Amatrice, central Italy, Wednesday. ALESSANDRA TARANTINO/THE ASSOCIATED PRESS

‘The town isn’t here anymore’

NATURAL DISASTER

Earthquake leaves a trail of devastation in central Italy

Rescue crews using bulldozers and their bare hands raced to dig out survivors from a strong earthquake that reduced three central Italian towns to rubble Wednesday. The death toll stood at 159, but the number of dead and missing was uncertain given the thousands of vacationers in the area for summer’s final days.

Residents awakened before dawn by the temblor emerged from their crumbled homes to find what they described as apocalyptic scenes “like Dante’s Inferno,” with entire blocks of buildings turned into piles of sand and rock, thick dust choking the air and a putrid smell of gas.

“The town isn’t here anymore,” said Sergio Pirozzi, the mayor of the hardest-hit town, Amatrice. “I believe the toll will rise.”

The magnitude 6.2 quake struck at 3:36 a.m. and was felt across a broad swath of central Italy, including Rome, where residents woke to a long swaying followed by aftershocks. The temblor shook the Lazio region and Umbria and Le Marche on the Adriatic coast, a highly seismic area that has witnessed

+ RESPONSE

Italy’s civil protection agency reported the death toll had risen to 159 by late Wednesday; at least 368 others were injured.

The agency set up tent cities around affected hamlets to accommodate the thousands of homeless.

major quakes in the past.

Dozens of people were pulled out alive by rescue teams and volunteers that poured in from around Italy.

In the evening, about 17 hours after the quake struck, firefighters pulled a 10-year-old girl alive from the rubble in Pescara del Tronto.

“You can hear something under here. Quiet, quiet,” one rescue worker said, before soon urging her on: “Come on, Giulia, come on, Giulia.”

Cheers broke out when she was pulled out.

And there were wails when bodies emerged.

“Unfortunately, 90 per cent we pull out are dead, but some make it, that’s why we are here,” said Christian Bianchetti, a volunteer from Rieti who was working in devastated Amatrice where flood lights were set up so the rescue could continue through the night.

THE ASSOCIATED PRESS

World’s deadliest earthquakes since 2000

A magnitude-6 earthquake shook central Italy early on Wednesday, followed hours later by a magnitude-6.8 temblor in Myanmar. Here is a list of some of the world’s deadliest earthquakes since 2000:

■ **April 25, 2015:** A magnitude-7.8 earthquake in Nepal kills more than 8,000 people.

■ **March 11, 2011:** A magnitude-9.0 quake off the northeast coast of Japan

triggers a tsunami, killing more than 20,000 people.

■ **Jan. 12, 2010:** A magnitude-7.0 quake hits Haiti, killing up to 316,000 people according to government estimates.

■ **Sept. 30, 2009:** More than 1,100 people die when a magnitude-7.5 quake hits southern Sumatra, Indonesia.

■ **May 12, 2008:** A magnitude-7.9 quake strikes eastern Sichuan in China,

resulting in over 87,500 deaths.

■ **May 26, 2006:** More than 5,700 people die when a magnitude-6.3 quake hits the island of Java, Indonesia.

■ **Oct. 8, 2005:** A magnitude-7.6 earthquake kills over 80,000 people in Pakistan’s Kashmir region.

■ **March 28, 2005:** A magnitude-8.6 quake in northern Sumatra in Indonesia kills about 1,300 people.

■ **Dec. 26, 2004:** A magnitude-9.1 quake in Indonesia triggers an Indian Ocean tsunami, killing 230,000 people in a dozen countries.

■ **Dec. 26, 2003:** A magnitude-6.6 earthquake hits southeastern Iran, resulting in 50,000 deaths.

■ **Jan. 26, 2001:** A magnitude-7.7 quake strikes Gujarat in India, killing 20,000 people.

THE ASSOCIATED PRESS

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CULTURE

Burkini debate heats up in France

A Muslim mother from France says she's going to challenge a fine for wearing a burkini on the Riviera.

The woman — who gave her name only as "Siam" — was ordered to remove her swimsuit by French police officers carrying pepper spray and batons on Aug. 16 in Nice.

Images circulated of at least four police officers standing around the woman just metres from the town's Promenade des

Anglais, the scene of last month's Bastille Day truck attack which killed 86 people.

More than a dozen French communities along the Riviera have banned the burkini, which is much like a wetsuit but with a head covering. Last week, Nice became the latest French resort city to ban the burkini.

Enforcement of burkini rules have triggered a fierce debate about the beachwear. Even French Prime Minister Manuel

Valls has weighed in, calling the burkini a symbol of enslavement.

The French newspaper Le Figaro reports that the 34-year-old mother was fined for not wearing "a respectful dress code of morality and secularism."

She was described as a former air-hostess from Toulouse whose family members have been French citizens for at least three generations.

"I was not there to make provocation," she told the French

news agency AFP.

Witness Mathilde Cusin reportedly said: "I saw three police officers watching the beach. One of them had his finger on the trigger of his tear gas device."

"The sad thing is that people were screaming (to the mother) 'go home!,'" Cusin said.

Some bystanders applauded the police as her daughter cried, Cusin said.

TORSTAR NEWS SERVICE

WITH FILES FROM AFP/LE FIGARO



An artist's rendering of the planet Proxima b orbiting Proxima Centauri. CONTRIBUTED

Find raises hope for life off Earth

SPACE

Proxima b sits in 'goldilocks' zone, allowing for liquid water

Out of the 100 billion stars in the Milky Way and the many multiples beyond it, one, the red dwarf Proxima Centauri, is our closest stellar neighbour.

On Wednesday, a team of astronomers announced they had discovered a planet orbiting Proxima Centauri — and that the planet is rocky, has a mass similar to Earth's and sits in the "goldilocks" zone where liquid water could exist on its surface.

Twenty-five years ago, astronomers had no direct evidence of planets beyond our solar system. Today, an Earth analogue — a primary target in the search for life elsewhere in the universe — is sitting a cosmic stone's throw away. Much remains unknown about the new planet, which has been dubbed Proxima b. Just because water and life could exist doesn't mean they do.

But one fact is certain: The discovery will set off a massive push to analyze the planet and piece together its history, using current ground-based observatories, soon-to-be-launched spacecraft and maybe — a big maybe — ambitious interstellar missions that

IN FICTION

Proxima Centauri is one of three stars in the neighbouring Alpha Centauri system, which has long been a favourite of science fiction:

■ The movie *Avatar* is set on a fictional moon in Alpha Centauri.

■ The *Transformers'* home world originally orbited there.

entrepreneurs and scientists want to see launched within their lifetimes.

The two main stars in the system are a binary pair. Proxima Centauri is a dimmer, low-mass red dwarf that can't be seen at night with the naked eye: it is less than 1 per cent as bright as our sun. But because of its proximity to us (hence the name), a relatively close 4.2 light years away, Proxima Centauri is one of the best-studied stars of its type.

Beginning in 2000, astronomers at the European Southern Observatory, which sits in Chile's Atacama Desert, collected data that hinted at the presence of a planet orbiting Proxima Centauri. But red dwarfs can be very active, with star spots that can be mistaken for a planet, and the researchers couldn't be sure.

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<p>2012 CHEVROLET ORLANDO LTZ</p> <p>31K*UP2324A WAS \$50,995</p> <p>NOW \$12,888</p>	<p>CHEVROLET EQUINOX LS</p> <p>31K*UP2324A WAS \$15,995</p> <p>NOW \$12,888</p>	<p>2015 TOYOTA TUNDRA PLATINUM 1794 EDITION</p> <p>31K*UP2324A WAS \$50,995</p> <p>NOW \$47,488</p>	<p>2010 GMC SIERRA 1500 SLE CREW CAB 4X4</p> <p>31K*UP2324A WAS \$27,995</p> <p>NOW \$24,888</p>	
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metronews Business

Thursday, August 25, 2016 17

Mickey, Minnie don Mountie's uniform

DISNEY

Canadian firm plans to ship 2,000 stuffies by Christmas

Two famous octogenarian recruits are set to join the ranks of the Royal Canadian Mounted Police.

Mickey and Minnie Mouse will don the Mounties' red uniform, although neither has the required Canadian citizenship.

Stuffed animal versions of the Disney characters made by a Toronto toy company, 2 blue ducks, are due to hit the shelves of mom-and-pop, airport and souvenir stores across the country in a few months. The dolls are the fruits of more than two years of negotiations between the toy company, RCMP Foundation and Disney to ensure that the characters and uniform look just right, said Michael Glina, the company's managing director.

The toy company needed special permission from the RCMP Foundation to add a red bow with white polka dots to Minnie's standard-issue hat, Glina said.

"Normally, the hat is iconic. You can't really mess with it, but we needed a distinguishable characteristic between



Mickey and Minnie Mouse will soon enough join the Mounties' ranks in red uniforms. TORSTAR NEWS SERVICE

Mickey and Minnie."

The RCMP Foundation, a nationally registered charity, also suggested that the text on Mickey

and Minnie Mouse's shoulder patch be in both official languages.

The Mountie outfit has

evolved since the late 19th century into a Canadian symbol. The Norfolk jacket, or red serge, was chosen to mimic British army uniforms. Before the wide-brimmed hat became part of the official uniform in 1902, officers wore pith helmets or pillbox hats, RCMP Sgt. Penny Hermann said.

There was no particular reason to dress Mickey and Minnie in Mountie garb, but Glina says Canada's 150th anniversary next year is as good an occasion as any.

The contract was a big score for the Toronto company with two full-time employees, Glina and his wife Jenna — plus a "product tester," their 18-month-old son Cooper.

They plan to ship about 2,000 stuffies to Canada before Christmas. The couple considered making the toys domestically, but found that manufacturing them in Canada would be too expensive, Glina said.

To bring the retail cost down to around \$30, the dolls are being made in China.

TORSTAR NEWS SERVICE

LENDING

Household debt rises fueled by credit lines and car loans

Canadians' non-mortgage debt loads picked up pace in the second quarter, putting households in an increasingly risky position, an RBC analysis suggested Wednesday.

Balances on consumer loans — including credit cards and lines of credit — grew by 2.6 per cent year-over-year, driven primarily by the continued popularity of lines of credit and auto loans. That was the first uptick in Canadians' appetite for those types of loans in 18 months, RBC economist Laura Cooper said in the report.

Meanwhile, mortgage loan balances were up 6.2 per cent from the same quarter of the prior year as housing prices force many borrowers to take on bigger home loans.

The report begged the question: Can consumer spending continue to drive the economy given that debt loads are

so high?

Consumer spending has been the prime driver of the economy since the 2008-09 recession, a trend that has occurred alongside increases in household asset values, as home prices continue to rise.

But total household credit grew by 5.1 per cent in the April to June period, following a quarter in which household net worth advanced at its slowest pace since 2009.

Canadians households now owe a combined \$1.94 trillion. A separate study by TransUnion found the average Canadian owed \$21,580 in non-mortgage debt during the most recent quarter.

The percentage of both

mortgage and non-mortgage loans coming from non-bank lenders — which usually come with higher interest rates and lend to riskier borrowers — rose about five per cent.

That highlighted the disparity in the risk faced by different kinds of borrowers in the event of an economic shock, RBC said.

"The distribution of debt across households has become increasingly skewed to those who have less capacity to cope with a shock such as 'highly indebted younger' households," Cooper wrote.

Highly-leveraged households now comprise about 21 per cent of the market, up from 13 per cent before the recession.

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IN BRIEF

RBC 'monitoring' housing

Royal Bank is "closely monitoring" real estate markets in Vancouver and Toronto, where home prices have been climbing at a breakneck pace, CEO David McKay told analysts who wanted to know what contingency plans were in place in the event of a downturn in house prices. THE CANADIAN PRESS

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metro VIEWS

Your essential daily news

Thursday, August 25, 2016

CHANTAL HÉBERT ON MANDATORY VOTING



There are serious political and practical roadblocks in the way of having a different voting system in place in time for the next election. In a deadlock, could mandatory voting offer a fallback avenue to political consensus?

In the garden of electoral reform, mandatory voting is a low hanging fruit that all parties seem content — for now — to leave on the branch.

That may change if a special parliamentary committee on electoral reform appointed to make recommendations to Justin Trudeau's government ends up deadlocked over the big-ticket item on its agenda.

In the wake of Trudeau's promise to put in place a different voting system in time for the 2019 federal election a cottage industry of electoral experts has sprouted.

The Conservative contention that no move to a different system should take place without its ratification by a national referendum is only contributing to the growth of that industry.

Policy wonks who sometimes have not been heard from since the constitutional debates of the early 1990s are coming out of the woodwork to argue for their pet voting model, or to debate the pros and cons of having a reform ratified by all voters.

So far the public's engagement in this debate has been inversely proportional to the high academic and political interest it is eliciting. Anecdotal evidence suggests

that most voters do not see electoral reform as a defining issue of the Trudeau mandate.

But who knows? The unprecedented combination of a Liberal overture to do away with the first-past-the-post system with the long-held dream of the NDP and the

tion is part of the mandate of the special committee.

Mandatory voting is not a substitute for a more proportional voting system. It would address the issue of declining voter turnouts but would not lead to outcomes that more closely reflect the support

the battle. As often as not, the need to mobilize the base takes precedence over expanding a party's tent. It also provides an incentive for parties to practice dog-whistle politics. Mandatory voting could mitigate that tendency.

And then parties cater to those who vote. Mandatory voting would expand not only the pool of younger voters but also that of aboriginal Canadians whose turnout is well below the national average. In the last election, the Assembly of First Nations identified 51 ridings where the aboriginal vote could influence the outcome.

On paper, mandatory voting tends to favour progressive parties. Throwing more young voters in the mix could spell trouble for the Conservatives. They are often the third or fourth choice of that cohort. Chances are the official opposition is no more a fan of compulsory voting than it is of a different voting system.

But it is always risky to use today's trends to predict the electoral future, and not just because political parties tend to adapt to new dynamics.

On that score, consider that not so long ago many analysts would have seen the introduction of compulsory voting in Quebec as a gift designed to keep on giving for the Parti Québécois. For most of its history, it had tended to be the party of choice of young Quebecers. The younger cohort consistently favoured sovereignty. But in 2016, the reverse would be true.

Chantal Hébert is a national affairs writer. Her column appears in Metro on Thursdays.



Minister of Democratic Institutions Maryam Monsef appears at an electoral reform committee meeting in Ottawa in July. SEAN KILPATRICK/THE CANADIAN PRESS

Green Party for more proportional representation could yet lead to change. Still, the fact is that there are serious political and practical roadblocks in the way of having a different voting system in place in time for the next election.

In a deadlock, could mandatory voting offer the special committee a fallback avenue for attaining a political consensus?

To varying degrees two of the parties on the committee have flirted with the idea in the past. It was part of the Green party's 2015 platform. In 2014, the Liberals — under Trudeau — sounded out their members on it. It is no accident that exploring the op-

each party receives.

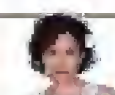
Settling for a reform along those lines would undoubtedly amount to a climbdown from Trudeau's promise and fall well short of the hopes of the NDP and the Greens.

But the introduction of mandatory voting could bring about transformative change in time for the 2019 election without foreclosing the option of switching to a different voting system at some later point down the road.

It would alter the electoral dynamics in a number of quantitative and qualitative ways. Here are some of them:

In a system where voting is not compulsory, ensuring that one's supporters show up to vote is sometimes half

Places to swim still beachhead for bigotry



Shree Paradkar

When Penny Oleksiak made Canadian history this month with a golden victory at Rio, she tied for first place with a 20-year-old who made Olympic history. American Simone Manuel is the first black woman to win an individual Olympic gold in swimming.

Manuel was not just swimming the 100-metre freestyle to win, she was also swimming against a historic legacy of discrimination that kept black people out of swimming pools and public beaches in the U.S., a practice that remained even after schools were desegregated.

Given these historic disincentives, a majority of young African-Americans today can't swim. To them all, Manuel's win is a beacon of possibilities.

That long step to the top of the podium provided good news at a time when, far from turning the tide towards inclusion, places to swim have been exposed as beachheads for bigotry. The place to bare bodies has also laid bare deep-seated racial, cultural and gender-based biases across the Western world. Here are three recent examples.

As reported here in Toronto in July, a hijab-wearing mother was told to leave a public pool if she didn't change her daughter's long shorts and T-shirt, although they were swimwear. (It was deemed OK for her son to wear that.)

In the United States in June, the American Red Cross was forced to apologize after a social media post elicited outrage over a safety poster that labelled white kids "cool" for obeying the rules and kids of

colour "uncool" for disobeying them.

In France, the city of Cannes and 15 towns chose to uphold the nation's traditions of liberté and égalité by imposing more rules around women's clothing. On Aug. 12, it banned the burkini — full body-covering swimsuits — on its beaches. The ban does not apply to full-body covering scuba diving suits. Perhaps there was a safety angle to this?

There isn't. The city's decidedly non-Muslim mayor said burkinis were "the uniform of extremist Islamism, not of the Muslim religion."

Beaches have been on the front lines for racial supremacy, as witnessed during Australia's Cronulla Riots of 2005. That country's largest racial riots were sparked off by in Sydney's beach suburb of Cronulla between Australia's much-vaunted lifeguards (who were white) and a group of Lebanese men.

Going to the seaside can be a time of calm reflection and recreation, so why does stripping down to get into water end up stripping down the notion of inclusiveness?

Through the 20th century, going to a pool meant you could afford to pay for it, going to a beach meant you could afford the time for leisure. Both symbolized privilege and luxury, available to a select few.

Gradually opening pools and beaches to all people diluted that privilege. Modern laws don't allow for direct exclusion, but being offended by what others wear, or how they behave, simply allows the threatened elite to disguise their bigotry.

Shree Paradkar is deputy digital editor-multimedia at the Toronto Star.

Parties cater to those who vote. Mandatory voting would expand not only the pool of younger voters but also that of aboriginal Canadians.

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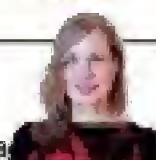


Welcome to the jungle, a magical mystery tour

NOVEL

A real attack on capuchin monkeys impacts tale

Sue Carter
For Metro Canada



It's been more than a decade since Andrew Westoll has spent time in the rainforest amongst the capuchin monkeys, but the sounds and sights, and the emotions they conjure in the former primatologist have never completely vanished.

Now, they're at the heart of his first novel, *The Jungle South of the Mountain*, a psychological mystery mixed with magical realism set deep in an unnamed South American country.

"I had my own experiences in the upper Amazon basin, years and years ago," Westoll says. "They just felt like they totally hadn't been put through the sieve."

Westoll, who left science to focus on writing, made a name for himself with his travel memoir *The Riverbones*, which captures his time in the Suriname jungle, and the award-winning *The Chimps of Fauna Sanctuary*, a biography of a group of rescued chimpanzees living in Quebec.

But he started his career writing fiction while working on his creative-writing MFA at the University of British Columbia. Like many authors, Westoll has an early "drawer novel" tucked away, but despite his success with non-fiction had always wanted to return to the genre.

The Jungle South of the Mountain follows Stanley, a scientist who has been living for years immersed in a rain forest on the northern coast of South America.

While in mourning after the loss of his son, and the depar-

ture of his fellow scientist and wife, Maria, Stanley finds himself embroiled in local politics and the mysterious disappearance of the troop of monkeys they've been tracking.

Stanley came to Westoll one night while wondering what would happen to a scientist who stayed in the jungle too long.

"Once I had that idea, I realized this could be a really amazing way to put my relationship to that part of my life to bed," he says.

He knew Stanley needed some kind of adversary, and so to refresh his memory, the next morning he began looking up videos of capuchin monkeys.

He came across one shaky video taken immediately after a troop of monkeys was attacked by a powerful harpy eagle.

Westoll heard a man's voice exclaim in horror, and realized it was his own. He had totally

forgotten shooting the video, and hadn't realized it had been posted online.

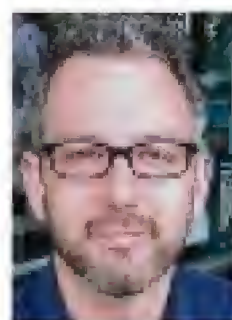
"When I heard my voice, it all came rushing back, the power of that moment," he says.

"It's profoundly upsetting when you spend all this time with the monkeys and you've named half of them. You see them come under attack like that and it's troubling. I just knew that what's what was going to happen."

Although *The Jungle South of the Mountain* is far from being autobiographical, Westoll did draw on the internal conflict between rationalism and spiritual faith he's experienced in his own career.

"When I left science, I left because I believed more strongly in the larger truths that literature provides," he says.

"It's not that I don't believe the truths of science, I just didn't want to spend my life obsessing over data. I wanted to go in a different direction and use storytelling as a way of understanding the world around me."



“Once I had that idea, I realized this could be a really amazing way to put my relationship to that part of my life to bed

Author Andrew Westoll

Sue Carter is the editor at Quill & Quire magazine.

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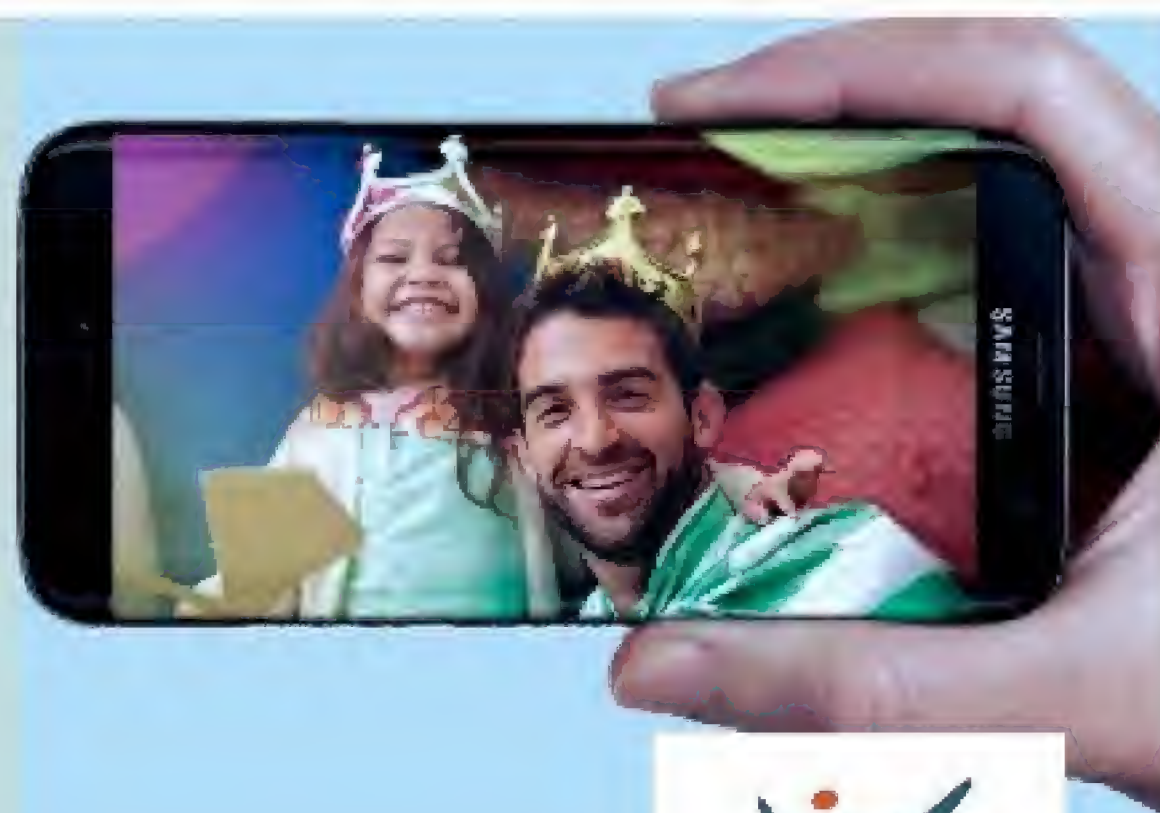
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Examining Orson Welles and the Art of Fake News

ANALYSIS

Drawing a line from War of the Worlds to Donald Trump

In 1938, the Germans had just invaded Czechoslovakia, the Depression was still raging and there were other daily terrors.

It was in this atmosphere of insecurity that Orson Welles and his company of actors, radio technicians and producers — the Mercury Theatre clan — created a radio program based on H.G. Wells' science fiction novel *The War of the Worlds* that scared the living daylights out of many who heard it.

It became a famous event in broadcast history. A. Brad Schwartz explores the phenomenon in *Broadcast Hysteria: Orson Welles's War of the Worlds and the Art of Fake News*.

It was a difficult time in America when Welles broadcast *The War of the Worlds*. The Second World War was about to begin in Europe; the Depression was still in effect. With massive unemployment in America, the scare caused by the kidnapping of the Charles Lindbergh baby, the closure of banks, the terrible hurricane that slammed New England, people were understandably tense.

I'm not sure if Welles consciously meant to create terror, but he had his antenna up and was drawing from what was in the culture at the time. There was a pervasive climate of fear and he was drawn to that.

The show had a particular impact because of the condition of the country at the time. The war, the hurricane, the Lindbergh kidnapping had all come over the radio. The radio was bringing a scary world into the living rooms of America.

While the War of the Worlds broadcast is the most famous radio show of its type, other radio stations had done similar things before. I'm thinking about WGN in Chicago and its fake news show.

Welles wasn't the first with his *War of the Worlds*, but he was the first who took techniques and ideas and put them in one program. What struck me was how much the normal news coverage of the time was dramatized or gussied up to make it more entertaining.

We think of that period as the golden age of journalism.

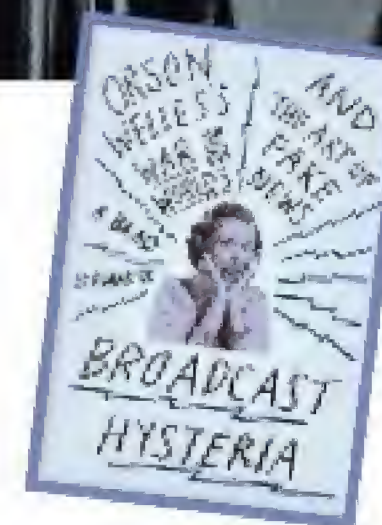


Author Brad Schwartz explores the legacy of Orson Welles' *War of the Worlds* broadcast in his new book. ARCHIVE PHOTO



“It was a lesson that you need to be critical about what you hear. A lesson that holds true today

Brad Schwartz on the impact of *War of the Worlds* broadcast



is entertaining.

Scholars who studied Welles' *War of the Worlds* determined it had far less of an impact than we were led to believe. Very few people, in fact, believed Martians had landed. But it did change the way people studied and thought about radio.

The panic was greatly exaggerated. Many were frightened by the show for a minute, yes; it may have happened before common sense kicked in. But stories about people grabbing shotguns and pulling kids into

the car and racing away were very rare. Most people who were frightened, which was a small fraction of the audience, sat listening until the station break.

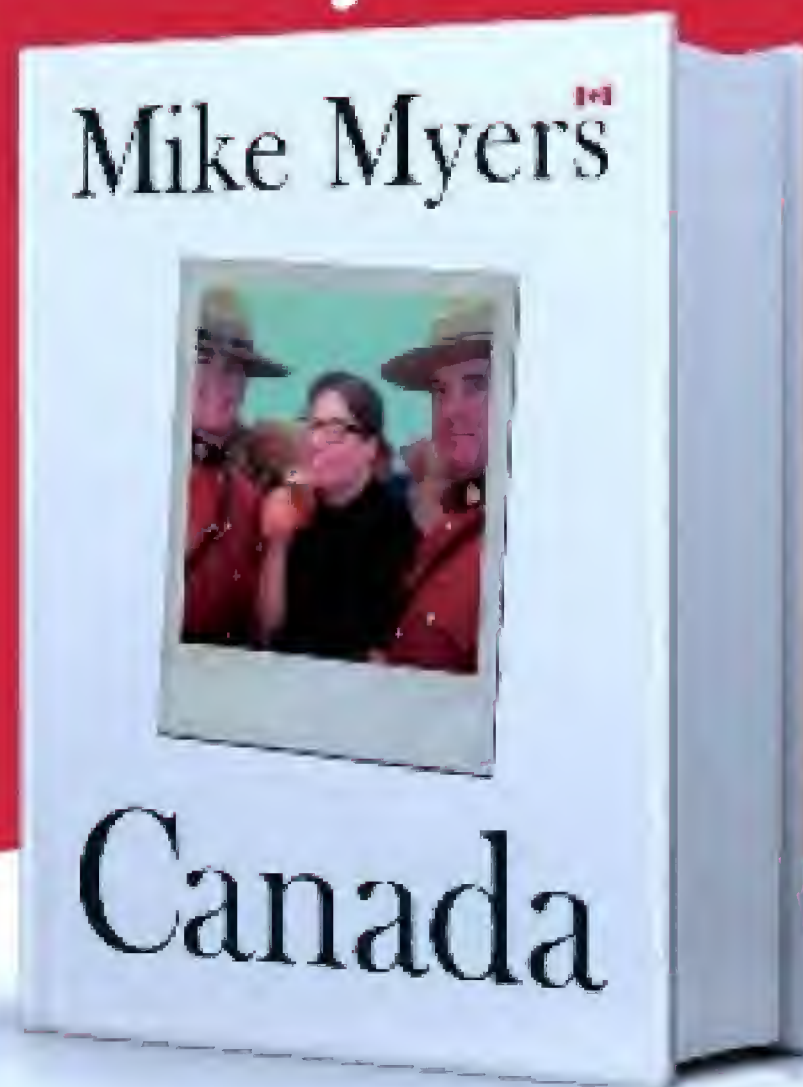
This story about *War of the Worlds* becomes a warning for the social media age.

When we are in an environment where people are frightened, fear becomes contagious. It is the whole viral idea. Fast-forward 80 years to the age of Twitter, where it is about sharing information or misinformation.

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INTERVIEW

Hill Street Blues creator Bochco reflects on over 50 years in TV

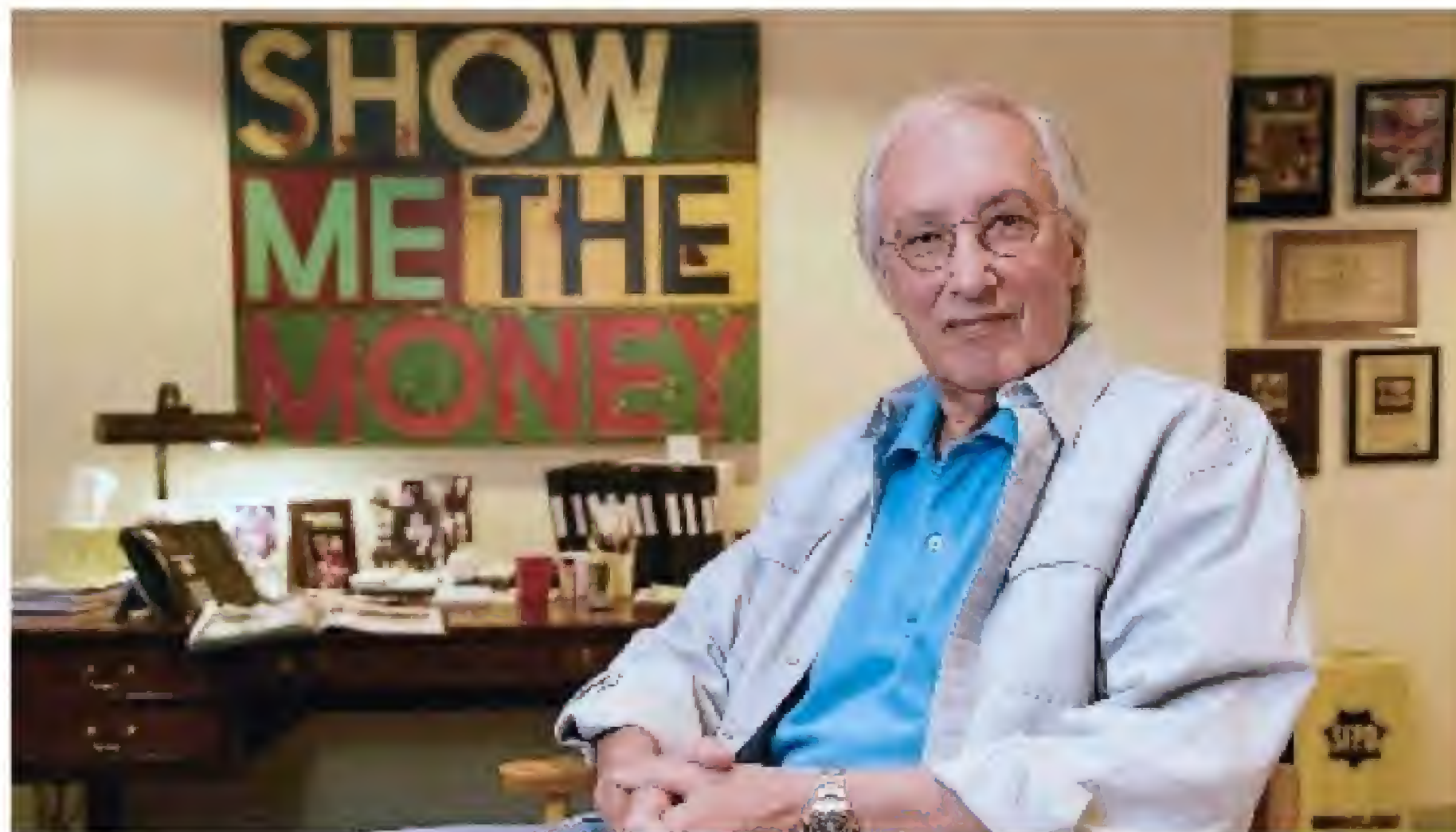
For viewers who rejoice in TV's artistic upsurge, one virtuoso perhaps more than anyone can be credited for elevating the medium from its bygone "boob tube" status.

Steven Bochco flinches at the mention of his half-century writing and producing TV. Could it really be that long? But his list of credits documents his legacy. Consider: the breakthrough hits *L.A. Law* and *NYPD Blue*, the pioneering half-hour dramedy *Doogie Howser, MD* and the groundbreaking legal drama *Murder One*, which, instead of a self-contained case every week, dared to delve into a complex single case throughout the season.

Yet for Bochco, the TV revolutionary, *Hill Street Blues* came first. And it pretty much changed everything.

In his self-published memoir *Truth Is a Total Defence: My Fifty Years in Television* (CreateSpace Independent Publishing Platform; \$16.99), Bochco takes the reader through his prolific career, which he began at 22 as a story editor on a popular NBC drama, *The Name of the Game*, and continues today with his latest creation, *Murder in the First*, in its third season on TNT.

In his book, Bochco recalls his great collaborations and his battles royal with actors, studio heads and network execs. Along the way, he expounds on something even more important to him: How, at age 72, he's still alive.



Steven Bochco's memoir *Truth Is a Total Defence: My Fifty Years in Television* tells how he changed TV. CHRIS PIZZELLO/INVISION/AP

ant to him: How, at age 72, he's still alive.

"Everything is fine," he reports, and looks it, as he greets a reporter at his office in Santa Monica, California. He says he's coming up on two years since the bone-marrow transplant he underwent during his battle with leukemia.

"The thing I like most about the book was the juxtaposition of a career that had a pretty great arc to it with the fight for my life.

"Most of us live our lives being afraid of death, and when it was actually on my doorstep I was terrified," he says.

Bochco grew up in Manhat-

tan, the son of a painter and a concert violinist. On arriving in Los Angeles after college, he wrote for several series at Universal Studios.

Then he got a big break: writing the screenplay for the 1972

sci-fi film "Silent Running."

It wasn't the paltry \$1500 fee that soured him on his fling with the big screen. It was the disrespect he confronted as the writer: "Once you've delivered the screenplay they don't want you around, because you're gonna get in the way of someone else's vision."

Bochco resolved to stick with television, despite what, then, was its second-class standing. Nowhere was the writer's vision more revered than at MTM Enterprises, a creative hotbed where he was invited to cook up a new kind of cop drama.

Teamed with Michael Kozoll

("I was never a one-man band," Bochco says of his career) he was game for such an opportunity, with one proviso: He and Kozoll would have creative control over the script.

The pilot script they wrote, and the series that resulted, redefined TV drama. From *The Sopranos* to *The Shield* from *Game of Thrones* to *Mad Men*, the fruits of TV's latter-day Golden Age stem from *Hill Street Blues*. It had a sprawling universe of engaging yet flawed characters, a zippy pace. But what really set the show apart were the multiple narratives that interlaced each episode with those that came

before and after.

Bochco recalls a fan telling him that *Hill Street Blues* was the first TV series with a memory.

"That's what I always thought of myself doing in the context of TV: craft a show that over time would have a memory," he says. "I sensed that very early in my career. It just took me another 10 or 12 years to get to the point where I earned the right to take a shot at it."

Premiering in January 1981, *Hill Street Blues* challenged the meagre audience that sampled. Then, on a wave of critical acclaim, the series began to click, while scoring a historic 27 Emmy nominations its first year.

During its seven-season run, it would win 26 Emmys and launch Bochco on a course that has led to dozens of series and 10 Emmys and four Peabody awards.

"I had a 20-plus-year run where I was pretty much the captain of my own boat," he says, "and I loved it. But TV is a business where the goal posts keep moving."

Even so, a new Bochco project draws from the past: A reinvention of *L.A. Law*, his slick legal drama that flourished from 1986 to 1994.

"What would it be, 30 years later?" he muses. To suss that out, he has reteamed with writer-producer William Finkelstein, whose credits include the original series.

They're hoping 20th Century Fox, where the show was filmed before, will sign on for a pilot to pitch to a network next spring.

"They ordered a script," says Bochco, who rewrote TV's rules and lived to tell about it, "and we'll get 'em a script."

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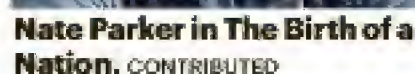
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AFI cancels *The Birth of a Nation* screening

The school planned to show the film and host a Q&A with Parker for its fellows, but late Tuesday, AFI dean Jan Schuette sent a note to students saying they would post-

The movie is slated to be screened next month at the Toronto International Film

THE ASSOCIATED PRESS

**JOHANNA SCHNELLER**
WHAT I'M WATCHING

Social media killed Wilmore

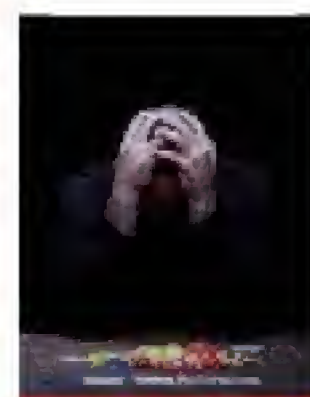
Given the speed of Wil-

Sigh.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.



The Nightly Show with Larry Wilmore wasn't killed by ratings, it was lack of social media engagement. But that's because Wilmore didn't do viral bits, he did discussions. CONTRIBUTED



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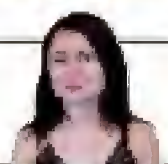
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Can they say that on network TV?

INTERVIEW

It's the after-party conversations that reveal most about friends in their 20s

Melita Kuburas
Metro | Canada



As the saying goes, "write what you know" — and if that's true then a TV series about being drunk and high at 4 a.m. is right in Ira Parker's wheelhouse, he jokes.

Parker is the creator of *Four in the Morning*, a comedy launching Friday at 9 p.m. on CBC about a group of friends in their 20s who, after a night of partying, discuss oral sex, abortions, failed job searches and relationships. Speaking really fast, they proclaim love and confess betrayal of one another, sometimes in the same breath (there are 15 pages of dialogue in just the opening scene of the pilot, which takes place in a diner).

If it sounds like the show may push the limits of network TV, it probably will. This ain't no *Little Mosque on the Prairie*.

When Parker, who has roots in Toronto but now lives in L.A., first learned CBC was interested in the show, he says he was terrified they would want to censor it. But a meeting with reps indicated the network wouldn't tone down it down to the point of Pollyanna.

"My first question was — 'Do I have to take out all the 'f—ks'? And they looked at me, and they were like, 'No, leave them in,'" Parker tells Metro. "So I pushed it a little bit more: I was like, 'I have an idea for an episode where the characters do a sh-t-ton of blow. Can I do that?' And they were like,



Four in the Morning stars Daniel Maslany as Bondurant, Lola Tash as Mitzi, Mazin Elsadig as William and Michelle Mylett as Jamie. The diner scenes were filmed in Toronto's Patrician Grill on King Street East. CONTRIBUTED



Over the course of the season, we're really gonna put these relationships through the ringer

Ira Parker, about backstabbing and betrayal in *Four in the Morning*

"Yeah, as long as it makes sense for the story, go ahead."

Four in the Morning is not a show about debauchery, however. It's about those rare moments when the booze starts to wear off that might reveal more tender, sweet and sad aspects of young adulthood.

"I wanted to jump in after the partying and recklessness," says Parker. "After you've been out all night, what is that walk home like? What is that hyper-emotional melodramatic evening like? When you say these things that you rarely have the competence or the courage to say during the more reasonable hours of the day."

For Daniel Maslany's character, a boisterous jazz musician named

Bondurant, that after-party gusto translates into having the nerve to tell his best friend William (Mazin Elsadig) that he's in love with his girlfriend, and expecting William to help him figure out what to do.

"I think it really establishes his unapologetic way of saying what he wants, what he feels, and how that matters," says Maslany, 27. "I think that's a big part of being in your 20s — figuring out, who am I socially? Who am I in my career? The show is about people making mistakes, and making an effort to find themselves."

While most of us would be slurring and stumbling while trying to fill our stomachs with something to soak up the alcohol, these characters sound

FAMILY MATTERS

Daniel Maslany on running lines with his famous sister

Daniel Maslany's theatre and musical background came in useful in his portrayal of the exuberant character Bondurant. It also helped to run lines with his talented sister, Emmy-nominated Tatiana Maslany of *Orphan Black*.

"My fiancé's an actor too, so I'm surrounded by other actors that are very close to me in my life. It's important to have them on your side. Everybody was so supportive during that audition process, including my sister," he says.

"It's been really exciting to see the journey she's on. Not only is she inspiring to me, but to actors everywhere because she's doing a role (in which) she's showing her diversity in the kinds of characters she can play."

"So it's always been inspiring to watch her work, even before *Orphan Black*."

intelligent and witty.

If that's unrealistic it's because they're unreliable narrators, made even more clear by moments of magical realism incorporated into the storyline. For instance, in the second episode the group parties with a couple of "daykids," which are people who are born with a condition that ages them an entire lifetime overnight.

For Maslany, the fantastical elements show what it can feel like to be in those strange moments at 4 a.m., where anything feels possible.

"You're in this pocket of time that's not when most people are awake. It doesn't feel restricted by the same social parameters or things you should be doing," Maslany says.

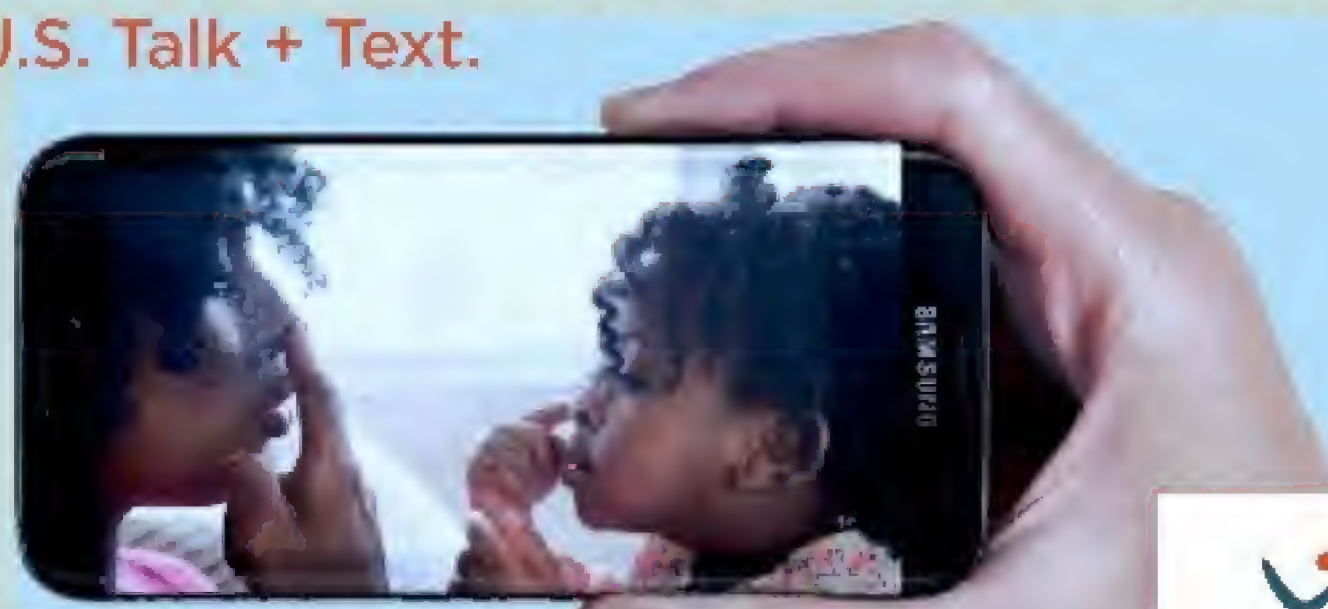
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Is Shakespeare due for a shakeup?

THEATRE

Baffled by the Bard, thespians take a red pen to his words

Genna Buck
Metro Canada



Be honest: How much of this speech, from Act I of Shakespeare's dark comedy *All's Well That Ends Well*, do you understand?

O, will you eat no grapes, my royal fox?

Yes, but you will my noble grapes, an if

My royal fox could reach them: I have seen a medicine

That's able to breathe life into a stone,

Quicken a rock, and make you dance canary

With spritely fire and motion; whose simple touch,

Is powerful to araise King Pepin, nay,

To give great Charlemain a pen in's hand,

And write to her a love-line.

If you said "almost nothing," you're not alone.

Though his reputation as the be-all and end-all of English playwrights has barely budged an inch in the four centuries since his death, "the vast majority" of Shakespeare's words soar over audiences' heads, said Holger Syme, a University of Toronto English professor and Shakespeare expert.

It's a bit of a dirty little secret among theatregoers: For some "really strange" reason, people seem reluctant to admit Shakespeare is difficult, he said.

And, in the words of linguist John MacWhorter, even modest attempts to translate the Bard into modern English are seen



Nicky Guadagni (centre, long sleeves) as the countess, and Rachel Jones (far right) as the lewd clown Lavache in *All's Well That Ends Well* in Toronto's High Park. CYLLA VON TIEDEMANN/CONTRIBUTED

as "sacrilege" to many literary and theatre types.

That may be changing: Some envelope-pushing productions are willing to be called blasphemous by the purists.

Take the traditional summer Shakespeare in Toronto's High Park. In what Syme calls their most "radical" and "experimental" season in years, Canadian Stage is presenting, on alternate nights, a compact, 100-minute *Hamlet* (Benedict Cumberbatch's version clocks in at 271), and a wild, gender-bending rendition of *All's Well That Ends Well* where the word "shut" replaces "knave."

In the latter play, the clown Lavatch, recast as a sultry nightclub singer, delivers explanatory monologues in modern English.

Audience member Chloe Wilson said she understood about 70 per cent of *All's Well*, though some puns and jokes escaped her. "I really liked it," she said.

"I'm worried about Shakespeare. It risks becoming a sort of museum: You go because that's what you do as an educated person."

Holger Syme, professor

"For the most part, just from the context of what's happening, I find I can follow it pretty well."

Her friend Doug Tynes copped to taking in only about 40 per cent. "It's like a different language," he said.

At the heart of the debate about how to make Shakespeare intelligible to people like Doug, Syme said, is the question of

what kind of confusion is good, and what's just, well, confusing.

After all, he said, people didn't speak in verse in the 1600s. Shakespeare was dense and hard to understand then, too — just for a different reason. It's why the Bard often repeated the same statement two different ways.

"Bouncing back and forth between being lost and understanding is really quite central to how Shakespeare works ... except if you're not bouncing back," Syme said.

He has his students pore over the plays' full text and footnotes, but in performance it's "ridiculous" to refuse to tweak words that make no sense to a modern audience, he said.

(In the passage above, for example, "quicken" doesn't mean "speed up." In Shakespeare's time, it meant "bring to life.")

It's an impossible burden to place on actors "to make sure

people understand every word."

The words aren't where the magic comes from, explained Frank Cox-O'Connell, who stars as Hamlet in High Park.

"Plays are stories. They're not precious texts that we need to be deciphering word-by-word," he said. "We want to make the audience believe I'm really thinking this, and I'm really going through it in real time. That's the energy of a live performance."

Nicky Guadagni, who plays Polonius in *Hamlet* and the countess in *All's Well*, said audience confusion is painfully obvious in a bright outdoor park, miming a slack-jawed expression.

So, she explained, early in *All's Well's* run, lines like "To Paris!" and "to Rousillon!" were added to make it clear where the action was.

Birgit Duarte, who directed *Hamlet*, took a similar approach: She remixed the script from its

TEST YOURSELF

It's hard for even the most literary theatregoer to follow a Shakespeare play. Some words, circa 1600, meant the exact opposite of how we understand them today. Take these lines from *Hamlet*:

"I'll make a ghost of he who **lets** me."

Lets, in this sense, actually means "prevents."

"Here's fine revolution, **and** we had the trick to see't."

And, here, means "if," not "in addition to."

HOLGER SYME/BIRGIT DUARTE

most "timeless," parts: "The family dynamics we all still recognize: generational conflicts, grieving a parent, the quarterlife crisis," she said.

She said it was totally unlike her experience as a director at the Stratford Shakespeare Festival: home of beautiful, expensive, epic plays that barely stray from the text or the period aesthetic.

Syme recently watched a sub-par but faithful *Macbeth*, a play he's been teaching for 12 years.

"I was struggling to make sense of speeches I know quite well," Syme said. "I'm sure some people are so immersed in the language that they never trip up. But I find that hard to imagine."

He said the theatre world needs to confront the "persistent myth" that if you're human, you'll understand Shakespeare's transcendent words. Otherwise, he said, the Bard risks "becoming a sort of museum: You go because that's what you do as an educated person."

"That's not how theatre works. It's supposed to do something to you."



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In Italy, the tradition of aperitivo goes beyond a cocktail — it's a prized social routine. The concept is based around an alcoholic drink to encourage one's appetite, but it's really a platform for conversation and company. Marisa Huff takes a closer look in her new book *Aperitivo*. TORSTAR NEWS SERVICE

Drinking it all in...



Turin, where a movement was born

Turin was the birthplace of the modern Italian aperitivo after liquorist Antonio Benedetto Carpano debuted the fortified wine he called vermouth at his workshop in 1786. By the 1850s, most bars and restaurants in town employed a master drink maker.



Dreams, with cheese please

Piedmont loves its cheese, with the small town of Bra hosting a four-day cheese festival every two years. The region's fresh raw-milk goat cheeses have an acidic flavour, so here they're served with pink peppercorns, olive oil and a dash of flaky sea salt.



Tremendous tramezzini

The term "tramezzini" — soft, crustless sandwiches — was coined to replace "sandwich" when Mussolini outlawed the use of non-Italian words. Padua's Gran Caffè Diemme serves a shrimp tramezzini as well as a carbonara tramezzini, packed with hard-cooked eggs and grated cheese.



For whom the Bellini tolls...

The Bellini — a swirl of sparkling wine and white peach puree — was made famous at Venice's Harry's Bar in the '30s. Now, many of Venice's bars insist on serving the drink only during the summer when white peaches are available.



Keeping it all Rialto

No trip to Venice is complete without taking in the Rialto Market, a bustling seafood treasure trove that has been operating for seven centuries. If the seafood was snared locally, it'll be tagged "nostrano;" the same goes for seasonal veggies.

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Rising out of the wreck of addiction

NON FICTION

The long history of alcohol and literature

The celebrated American writer John Cheever, who knew a thing or six about the topic, described a moment when he discovered alcohol's merciful capacity for curing the many torments that plagued him.

Preparing for an intimidating social gathering, he "bought a bottle of gin and drank four fingers neat," he wrote. "The company was brilliant, chatty and urbane and so was I."

Words. Stories. Wit. Repartee. Le mot juste. All to the clinking of cocktail glasses. Who wouldn't say, "Why, yes, bar-keep, I think I will have another!"

Cheever was neither the first nor last to draw a link between drink and yarn-spinning. Nor was he breaking new ground in the monumental self-delusion that chronic intoxication can produce.

No matter. His words accurately capture a sensation the habitually besotted will recognize. The idea persists that charm and creativity are the salubrious byproducts of alcoholic intake.

True enough, even (perhaps especially) writers who drank themselves to early graves did leave behind a wealth of searing, slurring, self-pitying and admirably pithy observations on the matter of ink and drink.

So, happily for them, the Chicago journalist Neil Steinberg and quote-collecting collabor-



in their book, Neil Steinberg and Sara Bader look at man and woman's long and storied relationship with alcohol. ISTOCK IMAGES

ator Sara Bader had a rich lode to mine in compiling their sampler of thoughts — rueful and revelatory — on (wo)mankind's complex and enduring relationship with alcohol.

Out of the Wreck I Rise: A Literary Companion to Recovery, published in early September by University of Chicago Press, is like a pub crawl around the globe and across the ages, in company with an artistic who's who of brilliant if besotted company.

From Anaïs Nin to Jack London, the authors cull timeless truths.

"A martini makes an ordinary glass shine like a diamond at a coronation, makes an iron bed in Mexico seem like the feather bed of a sultan. . . ." — Nin's diary, summer 1953.

"All ways led to the saloon." — Jack London, John Barleycorn.

From the Eugenes — O'Neill and Ionesco — a glimpse inside the distorted mind and tormented body of the addicted.

"Only a drink makes me feel alive at all," O'Neill wrote in a 1920 letter to his wife.

"I don't even know if I am me. Then as soon as I take a drink, the lead slips away and

I recognize myself," wrote Ionesco in Rhinoceros.

The book's title alone will please imbibers of literary bent. Out of the Wreck I Rise comes from Robert Browning's poem "Ixion," about a mythological king bound to a wheel in Hell, whirling forever in torment.

The image is all too apt.

The book is offered, the authors say, in hope its contents might form threads of memory to be seized when all else goes blank.

"One central truth of addiction is that, as lonely as you feel, you are not, in fact, alone,"

MORE ON THE SUBJECT

Six other takes:

Writers reminisce

Those Drinking Days: Myself and other Writers, by Donald Newlove

Fuel for the story

Alcohol and the Writer, by Donald W. Goodwin

Meet the muse

The Thirsty Muse: Alcohol and the American Writer, by Tim Dardis

Take a trip

The Trip to Echo Springs, On Writers and Drinking, by Olivia Laing

A sober road

A Drinking Life, by Pete Hamill

A writer reflects

The Night of the Gun: A Reporter Investigates the Darkest Story of His Life. His Own, by David Carr



they write. "Not only are millions struggling with the same problem you are facing right now, but they always have been. Among them, writers and philosophers, poets and playwrights, who have thought and written about this fight for thousands of years."

That connection of one sufferer to another, however tenuous and fleeting, is crucial. For searing loneliness and estrangement from the human race is the inevitable lot of the sot.

"Drinking heavily, you abandon people — and they abandon you — and you abandon

yourself," Jack Kerouac wrote in *Some of the Dharma*.

Steinberg knows the terrain. In 2008, he authored *Drunkard: A Hard-Drinking Life*. It begins with his coming to in a jail cell in 2005, the result of having hit his wife. It follows the uneven course of his sobering. In its alternating regret, denial, defiance and moments of clarity and surrender, it rings entirely true.

In the introduction to this new book, he opens by calling the search for sobriety, at least for drinkers of his ilk, "the hardest thing you'll ever do."

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MEET THE CONDO

Homes that hit The Mark

THE MARK 101 CONDOS



CONTRIBUTED

Project overview

The homes at Mark 101 are designed to let the sunshine in and feature a six-foot tall window including a transom window, dressed with two-inch faux blinds for privacy.

Housing amenities

The Mark 101 offers a unique collection of three architecturally inspired buildings connected through an artfully designed outdoor space for tenants to enjoy. The condos feature spacious balconies with a gas line, an abundance of storage and an underground heated parkade.

Location and transit

Sage Hill is a master-planned community in the amenity-stocked Symons Valley corridor, where residents have quick access to commercial hubs such as Beacon Hill Shopping Centre as well as major roads like Stoney Trail and Bus Rapid Transit.

In the neighbourhood

Shopping opportunities are extensive and include major grocery stores, restaurants, banking services, gas stations, fast food outlets and more. Located near the north edge of the city, this community was created to be family friendly and boasts parks, paths, playgrounds and access to a pond. KRISTA SYLVESTER/FOR METRO

+ NEED TO KNOW

What: The Mark 101 Condos
Builder: Nuovo by Shane Homes
Architect: IBI Group
Location: Sage Hill in N.W. Calgary
Building: Three four-storey buildings with underground parking
Sizes: From 600 sq. ft. to

887 sq. ft.
Pricing: Starting from \$129,900
Suites: Five different floor-plans with one and two bedroom options
Status: Pre construction
Email: dianneb@themark101.com
Phone: 403-536-2388



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Vintage labels add touch of cozy

DIY

If you can use a printer you can make these

A can of spray paint and some colourful vintage labels turn food tins bound for the bin into playful centerpieces perfect for your next outdoor party. Inspired by the vintage tins found at antique markets, we turned cans of tomatoes into vibrant upcycled vases. Just add fresh flowers, a potted plant or herbs to create eclectic containers that look great on a summer or early autumn table.

MOD PODGE

Mod Podge is a staple material for all kinds of crafters. It's an acid-free kind of glue that comes in a variety of finishes (even glow-in-the-dark).

TRY IT

Step 1: Gather Supplies

You'll need:

- Tin cans
- Computer & printer
- White printer paper
- Scissors
- Mod Podge
- Print outs of vintage labels (we'll show you where to get those in Step 2)
- Spray paint

Step 2: Source, print and cut out vintage can labels

Printable vintage can labels can be found online. The Boston Public Library has shared their collection of vin-

tage tin label art, which can be downloaded and printed.

We also found some great labels on the farmhouse inspired blog Knick of Time Measure the cans and, if necessary, re-size the labels to fit before printing. Just use your computer to adjust the size of the labels and print them out at home.

Step 3: Prep the tins for painting

Remove the original paper labels from the tins. Wash the tins, removing any adhesive. Let dry.

Step 4: Paint the tin cans

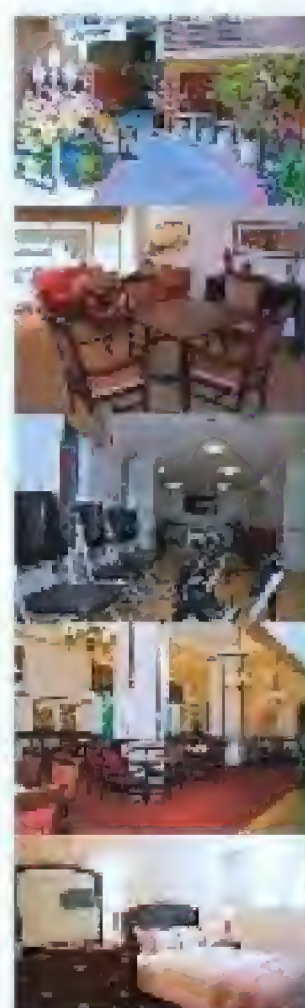
In a well-ventilated area, ideally outdoors, prepare an area to spray paint the cans. Protect surfaces from paint with newspaper or plastic sheets. Follow paint manufacturer directions for applying spray paint and drying times. It's best to apply multiple light coats of paint rather than one thick coat.

Step 5: Attach the labels to the can

Apply a thin layer of Mod Podge to the back of the label and press the label into place, on the can. Let the Mod Podge dry for approximately 15 minutes. Apply a top coat of Mod Podge to the label. This seals and protects the labels. If you plan on leaving the cans outdoors for any length of time, consider using a Mod Podge product suitable for outdoor conditions. TORSTAR NEWS SERVICE



Spray paint and some vintage-looking labels can turn any food tin into a vibrant upcycled vase. DEBRA NORTON/TORSTAR NEWS SERVICE



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REAL ESTATE

What's hot on the market



1 NOW SELLING

Radius Bridgeland by Buccini

These two bedroom, two bathroom inner city condos won't last long with prices under \$395,000. Located in Bridgeland, this is inner city living at its finest. Visit the Presentation Centre at 102 - 4th Street N.E.

2 PRE-REGISTRATION

Arris by Embassy BOSA:

Arris is a two-tower mixed-use development located in the heart of the East Village transformation. While these homes won't be selling until 2017, the Sales Centre is open at 553 Riverfront Ave. S.E.

3 SALES CENTRE OPEN

The Henry by Brookfield Residential:

With luxurious condos starting in the low \$600s, The Henry is a unique opportunity to live in an established community loaded with amenities. Check out the Presentation Gallery at 3620 16 Street N.W.

KRISTA SYLVESTER/FOR METRO

Roses are the perfect summer refresh

GARDENING

Follow these pro tips to get that second season bloom

Mark Cullen
Torstar News Service

It is a new world in the rose garden. Much like social media changed the way we communicate, new rose varieties are changing the ways we use and appreciate them.

A browse through a current gardening catalogue reveals no less than eight categories of roses, eight branded sub-categories, 19 new varieties for this season and 140 varieties in total. This is just one Canadian nursery; there are others that provide different offerings.

Why do I raise this now, in August? The answer: there's a second season of rose blossoms just around the corner. Try not to miss it.

Roses generally bloom best in June and early July. Then as evening temperatures start to drop

Rose bushes put on a great show in September and October.

and days become shorter, the second bloom is triggered and rose bushes put on a great show in September and October. Often, these blooms last longer than the spring editions for exactly the same reasons that make them bloom a second time: shorter days and cooler evenings.

Your vision

Planting roses can enhance an area in your yard several ways. Some, such as David Austin roses, are known best for their fragrance. The new Pavement roses are considered some of the best living ground covers, growing to no more than 90 centimetres high, hugging the ground in colour and foliage. Roses for cutting are generally found in the hybrid tea section of the garden centre. A hedge or screen of thorny roses can best be achieved using winter-hardy shrub roses.



At this mid-summer stage it's time to hit the "refresh" button on your garden scheme and consider planting roses. ISTOCK

Work or no work

One of the biggest improvements in new rose introductions this generation is disease resistance. Once famous for the work required to keep them looking good, many new rose varieties do not need spraying (or dusting) or any special protection

over the winter.

Shrub roses are winter hardy. Look for Ottawa Explorer shrub roses, such as Champlain, John Cabot, and George Vancouver. Why not plant a "Canada 150" anniversary rose garden? Plant it now and it will look fabulous next spring! The new Knock Out

series of roses is a great example of how vastly improved the garden performance is with roses. I have had great success with the Pink Double Knock Out.

Your yard as a canvas

If you imagine your garden as a blank canvas, roses can fit the

bill where many other shrubs and perennials fall short. A mass planting of the shrub roses Bonica or Oso Easy can produce a one-two punch of colour that is unsurpassed in the garden. When you see gas stations planting masses of roses together you can be sure they are low maintenance and great garden performers.

Sun

One essential ingredient in the "rose growing" recipe is sunshine. Lots of it: a minimum of six hours a day. Or forget it.

Canadian grown

Roses provide an excellent example of why it is a good idea to buy locally. The roses tagged with "grown in Canada" have already experienced two Canadian winters. They thrived on the farm in an open field, with wind, long summer days and Canadian soil conditions. A Canadian-grown rose performs as it should and meets the expectations of experienced gardeners.

Mark Cullen is an expert gardener, Order of Canada recipient, author and broadcaster. Follow him on Twitter @MarkCullen4 and on Facebook.



SPONSORED CONTENT

CONDO LIFE

BEFORE YOU CHOOSE YOUR CONDO FLOORING, TALK TO THE EXPERTS



ISTOCK

Finding the right flooring for your condo can be quite a process, but you can make sure your experience is a positive one by choosing the right flooring company from the beginning, according to Sandy Sangster, owner of Calgary Flooring Designs, a local provider of high-quality flooring options and installation services.

"A new floor for your home is a major investment of your time and money," she says. "Your flooring company should be there for you at

every step." Condo owners can visit the Calgary Flooring Designs showroom and discuss their needs with the knowledgeable sales staff.

They're well trained in what kinds of flooring work best for small spaces, and will help you find a flooring that suits your timeline, budget and esthetic expectations. Some flooring may be better suited to your condo than others. Luxury vinyl plank and tile, for instance, come in small sizes, so you can buy exactly enough for

your limited floor space. "Our insider information can help save you time and money," she explains. The company's professional installation team will visit your home and ensure the flooring is installed right, in a timely fashion.

"For most flooring we have available, you can often take your flooring project from start to finish in less than two weeks," Sangster says. "We want to make your dream flooring project come true in your condo."

CALGARY

FLOORING

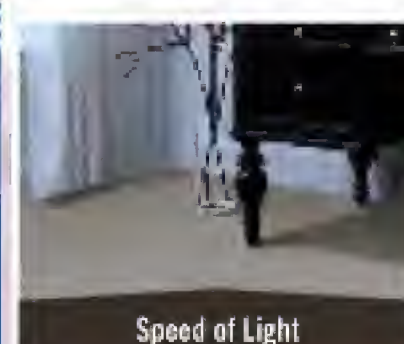
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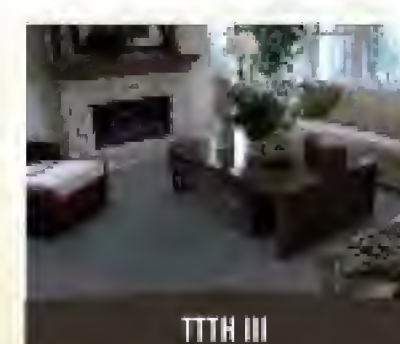
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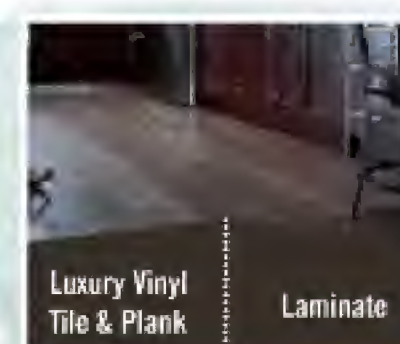
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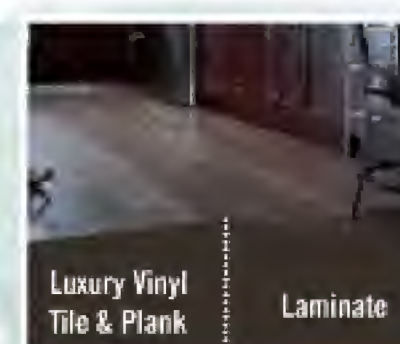
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Hands-on with the latest computers

Marc Saltzman

Forget books, binders and backpacks — today's students also need access to three other Bs: broadband, blogs and Bluetooth.

Whether your kids are in grade school or off to college or university, a computer is still the one "must-have" device for work and play. But you might feel like you need an engineering degree to choose the best one that suits your needs and budget.

Whether you're looking for a laptop, desktop, tablet or hybrid 2-in-1 device, the following are some top picks per category, with prices ranging from \$169 to \$1,499.

Laptop

• Thin is in, as seen with the mere 14-millimetre thick ASUS ZenBook UX306 (\$1,399), a premium Windows 10 PC that's light on weight but heavy on features. The 2.6-pound laptop is powered by a 6th-generation Intel Core processor,

up to 16GB of RAM (system memory) and 512GB of SSD storage, plus the latest USB Type-C port. Perhaps most impressive about this 13.3-inch ZenBook is the battery, which lasts up to 12 hours between charges. ❶

• Apple's deliciously thin but powerful MacBook Air (from \$1,099 for the 11-inch model, or from \$1,199 for the 13-inch) is even more desirable after a refresh. The laptop now boasts a faster Intel Core processor to handle memory-intensive tasks (or multiple tasks at once), plus there's support for faster Wi-Fi networks (802.11ac), a versatile Thunderbolt 2 port, and battery life that tops nine hours on the 11-inch model or up to 12 hours for the 13-inch model.

Tablet

• From \$499, iPad Air 2 is Apple's flagship tablet that is 18 per cent thinner than its predecessor (only 6.1mm) and only 437 grams. Yet, its 9.7-inch Retina display is bright, colourful, and with high contrast for whiter whites and deeper blacks. Running on the iOS 9 operating system, with support for well over a million apps, many students rely on the iPad for both work and play. ❷

• The first tablet with laptop-like performance has arrived. Microsoft's Surface Pro 4 (from \$999, plus students get a 10 per cent discount) gives you a full Windows 10 Pro experience; PC-like ports, such as USB, microSD and DisplayPort; a Surface Pen stylus for writing or drawing on the screen, and a powerful 6th generation Intel Core processor. After you've typed up some work on one of the magnetic Type Cover screen covers — with its integrated keyboard and trackpad (sold separately) — you can detach the 12.3-inch HD screen and put your feet up to flick through some ebooks, games, movies, songs or photos. ❸

— you can detach the 12.3-inch HD screen and put your feet up to flick through some ebooks, games, movies, songs or photos. ❸

• If you're shopping for younger kids — perhaps those in preschool up to Grade 6 — the portable and affordable LeapFrog Epic (\$169.99) is a 7-inch Android-based tablet with a number of exclusive features: a first-of-its-kind playable home screen with daily surprises to tap on; a safe LeapSearch web browser with specially curated content; pre-loaded educator-approved apps (20 games, activities and ebooks); and access to the LeapFrog Store for more downloadable apps.

2-in-1

• If you can't decide between a laptop and a tablet, the Lenovo Yoga 710 (from \$1,099) is a best-of-both-worlds device as its 14-inch "edgeless" and full HD screen is on a 360-degree hinge, allowing you to bend it back so it trans-

forms from a laptop into a tablet, and back again.

It works in two other modes, too: Stand, which has the screen propped up with the keyboard facing down, and Tent, which is ideal for small desks and tables. The durable aluminum PC weighs 3.42 pounds, while under the hood there's an Intel Core processor, up to 8GB of memory and 512GB of SSD storage.

• The more affordable Dell Inspiron 13 5000 Series (from \$649) is also a "convertible" style 2-in-1 — opposed to a "detachable", which lets you remove the screen altogether. This 13-inch Windows 10-powered PC is small and light enough to toss into a backpack or large purse, with battery life of up to nine hours between charges. ❹

Desktop

• If a stationary desktop is more your thing, the space-saving HP Pavilion 27 All-in-One (from \$1,499) is a great-looking touch-screen ❺

blown away with the incredible size, scope and graphics of Google Earth (iOS, Android), a virtual rendering of the entire planet — including the ability to zoom in down to street level using 3D satellite imagery.

Mint

University-bound students on a budget should consider the Mint app (all major platforms) as it helps you set budgets, track expenses, and reach financial goals. This handy money management tool for smartphone, tablet and laptop users lets you see what you're spending (and saving)

with the computer built in behind the display — therefore no separate tower is needed.

Designed to be the centerpiece of the home or dorm room, this 27-inch PC is ideal for multitasking as you can have multiple apps open at the same time, such as a Word doc, web browser, calculator, messaging platform, and music player (with front-firing Bang & Olufsen speakers, no less). Under the hood, this HP Pavilion rocks an Intel processor, with up to 12GB of RAM, and multiple storage options. ❺

Free apps make the grade

You don't need to be an A-student to appreciate the thousands of educational apps available for smartphones, tablets and other digital devices — and covering a wide range of subjects, including math, English, science, and social studies. Best of all, many are free. While some apps focus solely on

a specific subject, many other apps are more generic, including ones for note taking, ideation, or time and money management.

If you don't know where to start, consider the following high school or post secondary apps.

Dictionary.com

Dictionary & Thesaurus (iOS, Android) is a comprehensive and easy-to-use reference app. Whether it's in the classroom or while doing homework, this freebie even works when there's no Internet connection available. Access more than two million definitions, synonyms and

antonyms, including word origins and history, word of the day picks, and more.

Google Earth

If it's been a while since you booted it up, be prepared to be

through colour-coded lists and graphs, plus you can track your bank account and credit card balances in real-time, follow investments and even break out your expenditures by category and receive alerts you when you've exceeded your budget.

Evernote

The free Evernote is a handy app for typing notes, sketching diagrams, copying websites, pasting photos and recording audio. All notes automatically sync to the web and/or desktop versions of Evernote, so it's easy to access your information. **MARC SALTZMAN**



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To register, contact your nearest Calgary Catholic school for an appointment. All families are encouraged to inquire. Students born outside of Canada will need to first schedule an appointment at the St. John Reception Centre by calling 403-500-2007.

For more information about our schools, the various programs offered, busing and/or registration, visit our website at www.cssd.ab.ca or call 403-500-2000.





Roger Federer and Rafael Nadal say they plan to play doubles together when the Laver Cup debuts next year

metr SPORTS

Olympians back on the grind at Canadian Open

GOLF

National women's championship follows Games

It's back to the real world for Brooke Henderson, Lydia Ko and a handful of other Olympians who have left Rio de Janeiro behind and are preparing for the Canadian Open.

Henderson, the 18-year-old from Smiths Falls, Ont., finished in a tie for seventh place at the Summer Olympics.

Her face is everywhere at Priddis Greens Golf and Country Club where the Canadian Open, the national women's golf championship, runs Thursday through Sunday. She's hoping for a better finish back home in Canada than she achieved at the Olympics, lamenting the two or three shots that cost her a medal.

But coming from Rio to Priddis isn't a big deal.

"Rio was kind of just a sixth major on the LPGA Tour," said Henderson on Wednesday. "Of course there was lots of other things going on — possible

distractions and it was like the world's biggest stage for sport.

"It was cool, but the end of the day it was just four rounds of golf, regular stroke play individual that we do every single week, playing against the same players we play against every week so nothing that way was any different. Coming here's just another week on tour."

Ko finished with a silver medal for South Korea at the Olympics and is a three-time winner of the Canadian Open.

"I can remember back to a week ago when I was flying into Rio and I was excited

to prepare and everything and it was like there — and it was over," Ko said.

"It's definitely a quick turnaround but you know this is one of our best tour-

naments on our tour schedule so even the girls that were in Rio I think we're all excited to be here."

Ko, who is the reigning Canadian Open champion, says there are a few things she and her fellow Olympians are having to adapt to.

"Last week the course was a little bit like sand belt with a little bit of British flair. This is a bit more traditional ... it's



Lydia Ko hits a tee shot during the pro-am at the Canadian Open tournament in Priddis on Wednesday. JEFF MCINTOSH/THE CANADIAN PRESS

firm and fast. Last week we were wearing shorts — this week we're wearing sweaters," she said.

"It's different but I think we're all getting used to it."

THE CANADIAN PRESS



We're going to have 30 countries in the field at the CP Open ... so we're going to put on another version of the Olympics this week. LPGA commissioner Michael Whan

IN BRIEF

Sportsnet has got Flames games covered

The Calgary Flames and Sportsnet announced Wednesday an agreement to broadcast all of the local club's 82 games for the coming NHL season.

The Flames TV package will feature 37 national broadcasts and 45 regional games across the Sportsnet network of channels.

The season gets underway Oct. 12 when the Flames visit the Oilers to christen Edmonton's brand-new Rogers Place. METRO

Bouwmeester replaces Keith on Canadian roster

Canada selected Jay Bouwmeester to replace Duncan Keith on its roster for the World Cup of Hockey.

Keith is still rehabbing a right-knee injury he suffered last season, the Chicago Blackhawks said.

Bouwmeester rejoins Canada after winning gold at the 2014 Olympics.

THE ASSOCIATED PRESS

Pujols tags Blue Jays for milestone home run

Albert Pujols moved into sole possession of 10th all-time on the home run list Wednesday night as the Los Angeles Angels routed the Blue Jays 8-2 in Toronto.

Pujols's 584th career home run in the first inning moved him past Mark McGwire on the list. He finished the night with four hits and three runs-batted.

THE CANADIAN PRESS

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Cardinals confident offence will turn around

NFL PRE-SEASON

NFC West champs not fazed by dearth of production

As has been repeated many times now, the Arizona Cardinals still have every player on offence who gained a yard or scored a point for the prolific team last season. So the first unit's showing in pre-season games doesn't seem to mean much to them.

Coach Bruce Arians said he expects quarterback Carson Palmer to play less than a half when the Cardinals play at Houston on Sunday night. How much the rest of the starters play will depend on how they perform,

but don't expect it to be more than a half.

"I honestly don't think about the game," Palmer said before practice Wednesday. "I'm focused on the practices and the walk-throughs and the meetings. You're never going to show your hand in the pre-season."

Palmer returns from the best season he's had in his 14 years in the NFL. He set franchise records in yards passing (4,671), touchdown passes (35) and passer rating (104.6) while leading the team to a 13-3 record. But the season ended badly when he and just about everyone else on the team played poorly in a blowout loss to

Carolina in the NFC championship game.

The Cardinals expect this year's offence to be even better. Larry Fitzgerald, whose 109 catches last season broke the franchise record he set a decade earlier, listed some reasons.



The older you get, I hate to say, that pre-season is drudgery.

Larry Fitzgerald

"Out of the gate (running back) David (Johnson) is going to be starting for us," he said. "He came on strong for us later in the season. If David would have started (all season) there's no telling, he might have had 20 touchdowns (he had 13) last year. He's just that talented. Our tight end group has gotten much better. Our receivers group is pretty

much the same and guys in that group are getting better... We've got guys that can play."

But the first unit drove the length of the field before settling for a field goal in its only series in the pre-season opener against Oakland and failed to score in three series at San Diego. Palmer had an interception returned for a TD against the Chargers.

Palmer is not concerned. "We've had 15 reps in pre-season games," Palmer said. "We've had thousands of reps thus far in training camp. We've had tens of thousands of reps together as a unit ... That's where you get your confidence and you see what you're made of, looking at so many reps that we've put together as a group, not three series as an offence in pre-season games." THE ASSOCIATED PRESS



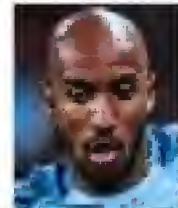
Carson Palmer had a career year with Arizona in 2015. NORM HALL/GETTY IMAGES

CHAMPIONS LEAGUE QUALIFIERS

Man City cruises into group stage

Manchester City and Borussia Moenchengladbach built on commanding first-leg advantages to cruise through the Champions League playoffs on Wednesday, while Russian side Krestov thrashed Ajax 4-1 to reach the group stage for the first time.

City will play a sixth straight season in Europe's elite competition after beating Steaua Bucharest 1-0 thanks



Fabian Delph
GETTY IMAGES

to Fabian Delph's 56th-minute goal and completing a 6-0 win on aggregate.

Raffael and Thorgan Hazard scored hat tricks as Moenchengladbach routed Young Boys 6-1 for a 9-2 win on aggregate.

THE ASSOCIATED PRESS

IN BRIEF

Schweinsteiger to work way back into Man United

Bastian Schweinsteiger has ruled out a move to another club and still hopes to play for Manchester United.

The 32-year-old midfielder has struggled since joining United last season and has yet to play this campaign for new coach Jose Mourinho, who reportedly told him he was no longer needed and ordered him to train away from the first team.

THE ASSOCIATED PRESS

Sri Lankans crush Aussies

Spin bowler Amila Aponso and seamer Thisara Perera shared seven wickets to help Sri Lanka to a crushing 82-run win over Australia in their second one-day international on Wednesday.

The five-match series is now level at 1-1, with three matches to be played. THE ASSOCIATED PRESS



Amila Aponso
GETTY IMAGES

NBA

8-24: Bryant's day is numbered in L.A.

Lakers fans packed Los Angeles City Hall chambers to witness the mayor and other officials declare Kobe Bryant Day in honour of the retired NBA superstar.

Councilman Jose Huizar said Wednesday's declaration is the city's way of thanking Bryant for his excellence on the court and philanthropic efforts across Los Angeles.

Bryant attended with his pregnant wife and their two daughters. He called the experience "surreal" and jokingly said someone would have to explain to his unborn daughter why "daddy has a day named for him."

Fans cheered and chanted Bryant's name as he was presented a framed proclamation by Mayor Eric Garcetti and council



Kobe Bryant at L.A. City Hall
THE ASSOCIATED PRESS

president Herb Wesson.

Bryant played his entire 20-season career with the Lakers, leading them to five NBA championships.

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RECIPE White Fish and Pea Chowder



PHOTO: MAYA WISNIE

Ceri Marsh & Laura Keogh
For Metro Canada

Make this ultra creamy version of a chowder. If you sub the season's corn for peas, brilliant!

Ready in 30 minutes

Prep time: 15 minutes
Cook time: 15 minutes
Serves 4

Ingredients

- 1 Tbsp olive oil
- 1/2 onion, finely chopped
- 1/4 cup diced pancetta
- 2 1/2 cups mini white potatoes, quartered
- 1 cup stock
- 3 cups milk
- 1 cup peas
- 250 g skinless, boneless white fish, chopped into chunks
- 2 Tbsp fresh chopped dill salt and pepper

Directions

1. Heat the oil in a large saucepan, tip in the onions and pancetta and cook until onions are softened and pancetta is browned, about 5 minutes. Add the potatoes and cook for 2 to 3 minutes. Pour in stock, cover and simmer for 12-15 mins or until the potatoes are tender. With a slotted spoon, remove half the potatoes from the stock and set aside.

2. Transfer the remaining potatoes, stock into a blender or food processor, add the milk and whizz until smooth. Pour back into the pan, add the peas, fish and reserved potatoes. Cover and gently heat for 3-4 mins until the fish is just cooked through - don't boil. Stir in dill then season to taste.

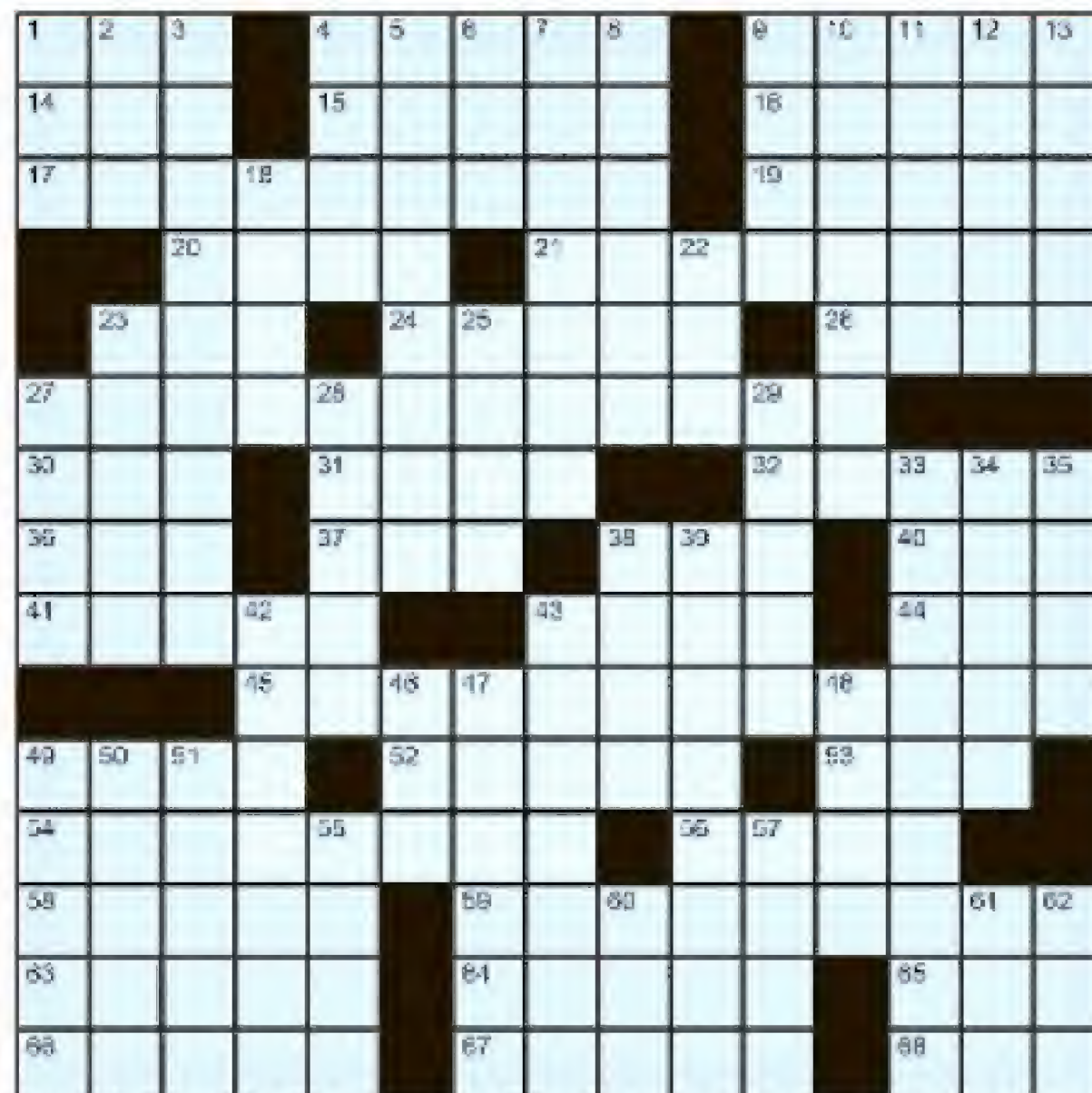
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CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Toronto mayor Mr. Lastman from 1998 to 2003
4. "Is that such _ idea?"
9. Michael _ Coal Miner's Daughter (1980) director
14. Latin roe
15. 'Mond' add-on (Auditioner's delivery)
16. Canadian TV channel
17. August 25th to August 28th, 2016... Nautique WWA _ World Championships, at the Canadian National Exhibition, in Toronto
19. Like fish fillet
20. "Blimey!"
21. Nose ornamentation
23. You-know- _
24. "Coffee, _ milk?"
26. Mr. Donovan
27. Canadian donuts chain established in 1963: 2 wds.
30. YYZ posting, wee-ly
31. River inlets
32. Paris: _ _ Triomphe
36. Kate's leading man in 1997
37. Pre-lunch hrs.
38. Dubliner's dance
40. Vienna's land, IOC-style
41. k.d.'s kin
43. Parched
44. Commerce deg.
45. Capital + Terr.: 2 wds.
49. Like Fred-dy's tree



52. 70s idol Mr. Cassidy
53. Mr. Levin
54. Paul Anka, in the 1950s: 2 wds.
56. Bash
58. Job filler
59. Kate of Charlie's Angels...when addressed formally: 2 wds.

63. Upper crust
64. _ _ _ surface missile
65. Tarzan and _ Mate (1934)
66. Latticework strips
67. Sprinkle
68. Archery tree

DOWN

1. _ the lawn
2. Ms. Gabor
3. Body of water on which Samia sits: 2 wds.
4. Jessica _
5. Furniture feature: 2 wds.
6. Lettered gro-

- cery chain
7. Exceed
8. Ren's insult to Stimpy, "You _!"
9. Shortened word
10. _ & Gamble
11. Alias for Patty Hearst in the SLA
12. Happening
13. Big name in

- trucks
18. Dr. _ Spengler, Ghostbusters (1984) role
22. 'Brew' suffix
23. Accessorized the suit, _ tie
25. Young hawk
27. Ring up
28. Garbage
29. Tavern beverage
33. Unappreciative of paparazzi
34. Nickname of Dick Cheney's President
35. Coup d' _
38. Chariot-driving biblical King of Israel
39. Buckingham Palace lays behind this type of entrance: 2 wds.
42. Ms. Paltrow
43. Closes the container: 2 wds.
46. Q. " _ " the fourth letter? A. "Indeed."
47. St. _ Ontario
48. Posh fabric
49. Barrymore or Merman
50. Priestess in Georges Bizet opera The Pearl Fishers
51. Warrant
55. Wraths
57. "Don't have _ _ man!" - Bart Simpson
60. Mr. Tolkien
61. Goose: French
62. Sydney is the cap. of what Australian state?

IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Steer clear of controversial issues like politics, religion and racial matters, because there is too much confusion today. Even when it comes to travel plans, you might be indecisive.

Taurus April 21 - May 21
This is a poor day to make important decisions about inheritances and shared property. An element of confusion, even deceit, is present. Plus you might not be strong enough to defend your own best interests.

Gemini May 22 - June 21
It's hard to stand up to others today, even to defend yourself. Fortunately, other people may have the same difficulty! It's definitely a wishy-washy day.

Cancer June 22 - July 23
Your efforts to get things done at work will be challenged by confusion regarding travel, foreign countries and the timing of when things should be done. Good luck!

Leo July 24 - Aug. 23
Be careful with social plans or plans regarding vacations. Leave yourself a loophole in case you have to change things. Similarly, choose less-ambitious projects when dealing with children.

Virgo Aug. 24 - Sept. 23
Postpone important decisions about family or real estate situations, because there is too much confusion today. People are indecisive. It's hard to know what to do.

Libra Sept. 24 - Oct. 23
Today is one of those days where you're not sure when or how to act. That's why it might be best to just do nothing. Easy does it.

Scorpio Oct. 24 - Nov. 22
Be careful with financial arrangements and how you handle your money today. Assume nothing. Take nothing for granted. Guard your possessions.

Sagittarius Nov. 23 - Dec. 21
You might feel tired today. This is not a good day to tax yourself or to push your energy too far. Just take care of smaller matters.

Capricorn Dec. 22 - Jan. 20
Secrets might come out today. Or perhaps you are involved with secret activities. Be careful and commit to nothing, to be on the safe side.

Aquarius Jan. 21 - Feb. 19
Your efforts to lead others today might be impeded by something. Don't expect too much from anyone (including yourself). Go slowly.

Pisces Feb. 20 - March 20
Check things out, especially instructions from bosses and authority figures, before you act today. It's all too easy to go off in a wrong direction. If you are smart, you can save wasted effort and possible mistakes.

CONCEPTIS SUDOKU by Dave Green

Every row, column and box contains 1-9



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An arts space for the community

They say “do what makes your heart sing” and that’s what brings so many people to the Youth Singers of Calgary facility — but that’s not all that brings people through the doors.

As registration starts again this month for the Youth Singers of Calgary program, the organization wants to remind Calgarians that the facility is available year-round as a community arts hub, according to Marketing Manager Lauren Thompson.

“The Performing Arts Youth Centre is the home for our singers, but we are also encouraging local groups to consider it a community arts space,” Thompson explains.

“We have everything from Irish dance groups, choirs, art groups, fencing and we have even had a wedding so we definitely have a flexible, affordable and versatile space for many local groups.”

The group originally rented from a space on the Stampede grounds for years but when the rent was tripled in 2009, they had to seek out a new space. With 18,000 square feet of space in a warehouse located off Blackfoot Trail, the facility was big enough to create four different

sized studio spaces as well as a music library, a wardrobe room and more.

“We just really wanted to let Calgarians know that we are here and we have space available,” she says, adding that the rental space helps pay for overhead fees and towards helping the group purchase the facility in the future.

The Youth Singers of Calgary program runs from September to June with two major shows; one at Christmas and one in May, both at the Jubilee Auditorium.

As a show choir musical education program — and the only fully graded and accredited show choir system in the country — there are unique programs for anyone and everyone from age 3 to 93 and there are over 400 members.

“We’re not just Show choir. We include all genres of choral music training including concert, vocal jazz, musical theatre and a show choir as well as a music education and performance company,” Thompson adds.

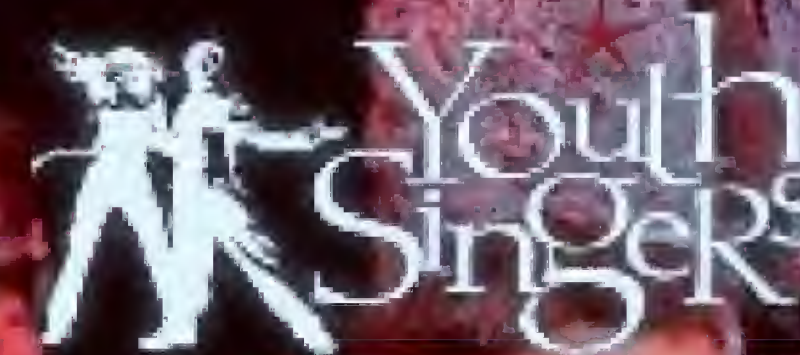
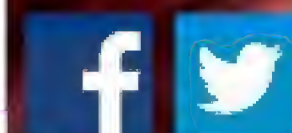
Registration is open and the program starts after the September long weekend. For more information, please visit youthsingers.org.

REGISTER TODAY



(403) 243-SHOW(9549)
www.youthsingers.org

@YouthSingersofCalgary



READ, SAVE AT CALGARY LIBRARY

It's been said that the more you read, the more you learn and a free membership to the library is the perfect place to start your journey — and save big time.

A library card comes with a multitude of benefits but one of the best is the fact that library cards are now free, according Katherine Cormack, senior manager of marketing and communication at Calgary Public Library.

"With today's challenging economic situation, when people hear that Calgary Public Library members save an average of \$1,800 a year, they want to sign up for a free Library card on the spot," she said, adding how easy it is to rack up costs when having to buy books, magazine, and eBooks out of pocket.

"So many Calgarians are looking to save wherever they can. It's really great to be able to share that they can still read the books and magazines they love – and they don't have to shell out thousands of dollars," she added. "With Calgary Public Library, Calgarians have access to books, magazines, and music — physical and on-line — for free."

Cormack says there are also thousands of free programs, including those for job seekers.

"It's a whole new world at Calgary Public Library. We're reimagining our entire library system, working hard to ensure that every single Calgarian feels at home at



The New Adventures of Engine 23 is an interactive exhibit at the Central Library where kids get to read with real-life Calgary firefighters and play on the decommissioned fire truck. CONTRIBUTED

their community library. When people walk through the doors, you can tell they are proud to be part of one of the best library systems in the world."

Calgarians can pick up a copy of the magazine, Library Connect, at any of the city's 18 community branches (and online at calgarylibrary.ca), and discover the library's free program listings for babies, toddlers, preschoolers, kids, teens, families, and adults. The September/October issue is now available.

Back to school with the Library

With the start of the school year just around the corner, now is the time to visit your community library with your children,

grandchildren, nieces and nephews.

Not only does the Calgary Public Library system have millions of books, it also offers an array of programs to help parents and students with homework, says Calgary Public Library's Katherine Cormack, senior manager of marketing and communications.

"Sometimes kids need that little extra boost and some homework help," Cormack says of the wide variety of free services available.

The library offers online help for students in grades 1 through 12, with online tutoring through Brainfuse (librarybrainfuse.ca) or for students in grades 3 through 12, Solaro is available 24/7 to help kids

Library in demand

With 18 community locations and the New Central Library opening in 2018, more people than ever are using the library. More than 500,000 Calgarians have free library memberships, which translated into 6.2 million visitors to the library last year, with 16.1 million physical and digital items borrowed.

Calgarians also used public library computers 825,152 times in 2015.

prepare for tests based on the Alberta curriculum (librarysolaro.ca).

If face-to-face assistance is a better option for the student in your life, consider the Library's Homework Help, which has students in grades 3 through 6 meet in small groups with trained volunteers for homework help and fun literacy activities. Reading Buddies sees library staff and trained teen volunteers provide one-on-one reading support for readers in grades 1 through 3. If math is proving to be a challenge, Math Playground makes math fun for students in grades 1 through 3.

Every parent can use a helping hand when it comes parenting. And the library takes the pressure off with free engaging programming for babies, toddlers, and preschoolers.

"Play builds the foundation for all future learning, so developing early literacy skills sets a child up for success in school and life," says Cormack.

The best part? All Calgary Public Library programs are included with your free library card. Visit your community library to pick up the Library Connect magazine, which includes listings of the free programs. Alternatively, visit calgarylibrary.ca or call 403.260.2620 to register.



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SEPTEMBER IS THE NEW SUMMER IN CALGARY

If you feel like summer fun is coming to an end then think again because with the nice weather and schedule of events this fall, there is no shortage of fun and exciting things to do around the city once the calendar turns.

Grab your pen and paper and take some notes because this is just a snapshot of what you can do around the city over the next month.

Aug. 26 to Sept. 5 – Calgary Pride Festival
Kick off your September celebrating Calgary's LGBTQ community. The 26th annual Calgary Pride Parade takes place on Sept. 4, and there are a number of other events over the 10-day festival.

Until Sept. 4 – Stage West Dinner Theatre Legends of Rock N Roll

If you haven't caught this rockin' show yet, you still have a few more days to get in on the delicious buffet and entertaining talent.

Sept. 3 & 4 – X-Fest Calgary, Fort Calgary
With an impressive lineup including Twenty One Pilots, The Lumineers, Halsey and Vance Joy, this festival will have you dancing all weekend.

Sept. 6 to 11 – The Book of Mormon, Southern Alberta Jubilee Auditorium
The multiple Tony Award-winning musical The Book of Mormon is hitting the stage and tickets won't last long for this fan favourite spectacle.

Sept. 8 to Oct. 16 – Illuminasia
The popular Lantern and Garden Festival takes over the Calgary Zoo this fall with the four-season theme. Visitors can expect to see more than 140 new lanterns in the shape of animals and plants.



The Lumineers are part of an impressive lineup at X-Fest Calgary, Sept 3 & 4. TORSTAR NEWS SERVICE

Sept. 9 – Inglewood Night Market
This monthly night market in Inglewood is a chance to shop at vendors' booths for arts and crafts, while eating food, sipping on wine and beer, all to music.

Sept. 14 to 18 – Beakerhead
Calgarians can expect to see mechanical creatures roaming the city at the popular five-day festival where science and engineering meets art and design.

Sept. 21 to Oct. 2 – Calgary International Film Festival
The Calgary International Film Festival (CIFF) is a 12-day showcase of up to 200 multi-genre films from Canada and over 40 other countries.